



Baltic Moreno Conference 2026 TIME III

It's TIME again!

21–23 August 2026 Tallinn, Estonia • Hotel Europa

The Baltic Moreno Conference is held every second year in one of the Baltic countries. Now it returns to Estonia again to explore the many faces of TIME—past, present, future and cosmic time.

Time I (2000, Estonia) launched our shared journey.

Time II (2014, Estonia) carried us through new decades of change.

Time III (2026) invites you to reflect on where we've been and to create the next chapter together.

Join psychodramatists, sociometrists, educators, and creative souls from across the Baltics and beyond for three inspiring days of action methods, learning, and connection.

Program Highlights

Friday, 21 August – TIME

14:00–15:00 Registration & Gathering

15:00–15:30 Grand Opening

15:30–18:30 Sociodramatic happening: Time-Travellers

Evening: *Informal meet-ups around Tallinn ((additional activities))*

Saturday, 22 August – Baltic Day

Celebrating the new generation of psychodramatists

09:30–10:00 Morning Opening

10:00–13:00 Parallel Workshops by Estonian psychodrama leaders

14:30–17:30 Parallel Workshops by Latvian & Lithuanian psychodrama leaders

17:30–18:00 Closing the day

19:00–24:00 Dinner and Party with Playback Theatre "Big Men" (Estonia/Finland)

Sunday, 23 August – Europa Day

Honouring our psychodrama teachers

09:30–10:00 Morning Opening

Video greetings from our first teachers Sirkku Aitolehti, Ruuda Palmquist and Mark Tredwell

10:00–13:00 Workshops led by psychodrama teachers

Inara Erdmanis, Reijo Kauppila, Urban Norlander, Eduardo Verdu, Norbert Apter, Kate Bradshaw Tavon

13:00–14:00 Conference Closing

14:00–15:00 Farewell Coffee

Stay tuned for updates and call for workshop proposals!



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Tickets:

- **Early bird:** €250 (until **28.02.2026**, inclusive)
- **Standard:** €275 (**01.03.2026–31.07.2026**)
- **Late:** €300 (from **01.08.2026** onward)

Ticket includes coffee breaks, lunch and dinner with party on Saturday.

Early Registration is officially open. [LINK](#)

Accommodation:

Special Offer for Participants

Make the most of your stay in Tallinn with our exclusive promo code: **MORENO26**

- Save 30 % off the daily rate when booking directly through [Hestia Hotels](#).
- Use the code for any of these partner hotels:
 - **Hotel Europa** – the main conference venue
 - **Seaport Hotel** – cosy harbour location
 - **Hotel Barons** – in the heart of Tallinn's Old Town
 - **Hotel Ilmarine** – just behind the Creative Hub (Kultuurikatel), a 10-minute walk to Hotel Europa

Simply enter **MORENO26** when booking on the Hestia website to secure your discount.

The special rate is valid 21–23 August 2026.