



Vilniaus sportinės gimnastikos klubas „SKRYDIS“

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<https://www.facebook.com/GIMNASTIKOSKLUBASSKRYDIS/>

4th INTERNATIONAL ACROBATIC GYMNASTICS INVITATIONAL COMPETITIONS “SKRYDIS-2022” 17-19 June 2022 Vilnius, LITHUANIA

Gymnastics club "SKRYDIS" invites you to friendly international competitions in sports acrobatics, in which young athletes participate.

1. Date and place of the competition.

Competitions are held 17-19 June, 2022 at the address: M. Sleževičiaus g. 7, LT- 06326, Vilnius.

Friday, June, 17th - Day of arrival

18.00 - 20.00 - training

20.00 - Meeting of judges, team representatives

Saturday, June, 18th - Competitions

Sunday, June, 19th - Competitions

Closing Ceremony

Departure

2. The delegation: 1 or more judges, coaches, athletes, parents. Participants with a physical disability are allowed.

3. The competition format.

Qualifications:

Youth (Grade 1-4) and AGE (11-16).

Youth (Grade 1-4) - 1 combined exercise (descriptions of the elements are attached in NDP9 Version 1.4 Tables of difficulty) with music. 2 min maximum duration.

AGE (11-16) – 1 balance and 1 dynamic exercise with music. 2 min maximum duration.

NO finals!

YOUTH

Grade 1 Women Pair, Men Pair, Mixed Pair - Tariff 10 and Tariff 15 (D=5-10 is Tariff 10, D=11-15 is Tariff 15). The age of participants is not limited.

Grade 2 Women Pair, Men Pair, Mixed Pair, Mixed Group - Tariff 10 and Tariff 15 (D=5-10 is Tariff 10, D=11-15 is Tariff 15). The age of participants is not limited.

Grade 3 Women Pair, Men Pair, Mixed Pair, Women Group, Men Group - Tariff 10 and Tariff 15 (D=5-10 is Tariff 10, D=11-15 is Tariff 15). The age of participants is not limited.

Grade 4 Women Pair, Men Pair, Mixed Pair, Women Group, Men Group - Tariff 10 and Tariff 15 (D=5-10 Tariff 10, D=11-15 Tariff 15). The age of participants is not limited.

AGE 11-16 Women Pair, Men Pair, Mixed Pair, Women Group, Men Group The age of participants is 9-16yrs. FIG regulations and rules.

Please note the ceiling height is 4.50 meters.

4. Judging the competitions.

Tariff sheets can be made by hand. In the tariff sheets of YOUTH should be the total difficulty of the elements.

The Head of judges is Ludmila Voevodina.

5. Winners and Awards.

Winners and prize-winners of competitions in each category of YOUTH (Grade1,2,3,4) and difficulty (Tariff 10 and Tariff 15) will be awarded Gold, Silver, Bronze medals and Diplomas. All participants will be awarded souvenirs.

6. Finance.

All expenses (travel, accommodation, meals) are paid by delegations.

Entry fees: 20 Euro per participant (50% of fees have to be send to 17th May 2022) to:

Receiver: Vilniaus sportinès gimnastikos klubas "Skrydis"

Bank: „Swedbank” AB

Address: Konstitucijos pr. 20A, 03502 Vilnius, Lithuania

Bank code: 73000

Account (IBAN): LT477300010000546969

BIC (SWIFT): HABALT22

The remaining 50% can be brought to the competition.

Meals: it may be discussed with the organizers of the competition.

For an additional fee the organizers provide the transport from the airport or railway station to the hotel or to the gym.

7. Insurance.

All gymnasts must have insurance.

The Head of the delegations and the coaches respond for children's health.

8. Applications.

Nominative form, an Application form for a visa (if you need a visa), must be submitted before 1st May 2022.

Provisional Form must be submitted by 17th May 2022 to: kcngovis@mail.ru. Tel.: +37065776224 (Russian, English).

President:

Irina Katieneė