

# DMAC

DINAMIC INTERNATIONAL ACRO CUP

Invitation 2024



**April 3rd to 7th**

**VALENCIA,  
SPAIN**

**PABELLÓN "EL CABAÑAL"  
C/ VICENTE GALLART, 1**

## **Organising Committe**

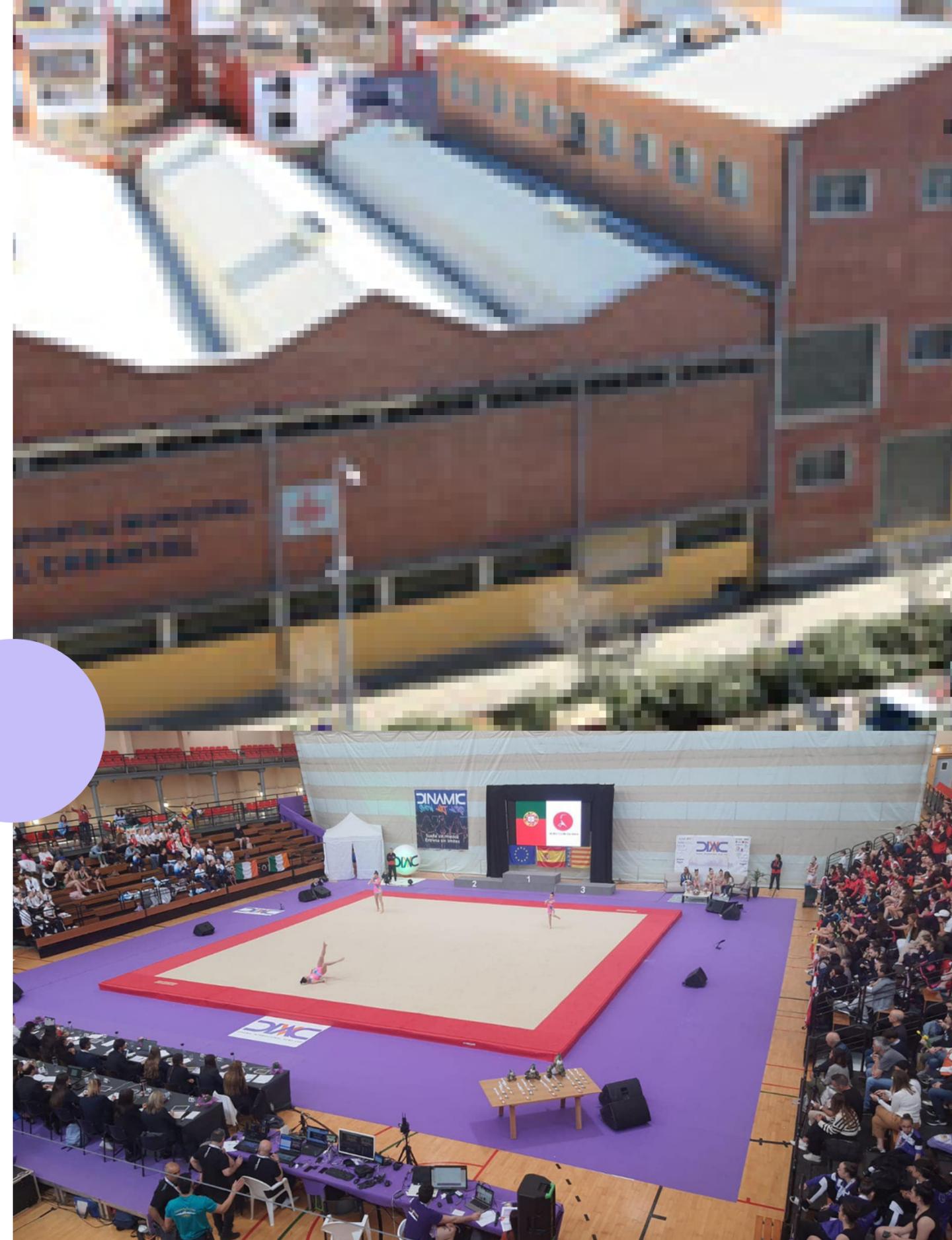
**CLUB DINAMIC  
CALLE ALDAIA, 4 (MANISES.)**

**CONTACT PERSON:  
ERNESTO CARBONELL**

**WWW.DIAC.ES**

**(0034) 688941047**

**MEDIA@DINAMICESPECTACULOS.COM**





# TECHNICAL RULES

All the FIG technical rules considered valid during the period of the competition:

- Technical Regulations
- Code of Points (2021-2024)
- World Age Group Rules (latest version)
- All the official FIG newsletter will be applied
- Spanish National normative.

# Competition program

Youth: Spanish national rules. Age: 8-16 (non-height deduction-no salto required)

Age Group 1: Age Group 9-16

Age Group 2: Age Group 10-18

Junior: Age Group 11-19

Senior: +12

## Finals:

1 to 3 P/G -Direct finals: qualification note defines the winner.

4 to 9 P/G - 6 finalists.

10 to 16 P/G - 8 finalists.

More than 16 P/G - 12 finalists.

Youth - Combined (starting from zero).

Age Group 1 - Balance or Dynamic in accordance with FIG rules for 11-16. The final starts from zero and score defines the winner.

Age Group 2- Junior and Senior - Combined.The final starts from zero and score defines the winner.



# Spanish national rules (youth)

## One combine exercise

The maximum duration of the exercise will be **2 minutes**. However, exercises with **2:30** will not have penalty.

## Special requirements for **Groups**:

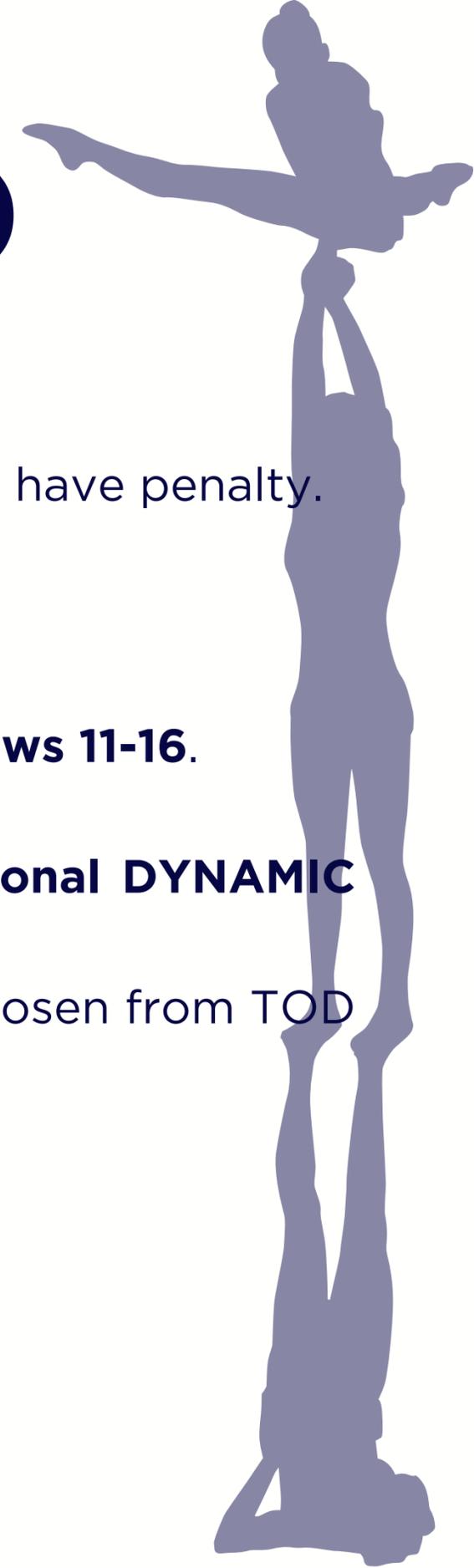
**1 BALANCE** and **2 DYNAMIC** groups elements selected from different **TOD FIG Age Group rows 11-16**.

In addition,

**1 optional BALANCE** element (3" STATIC HOLD) with value between 1-14 points and **1 optional DYNAMIC** element with value between 1- 10 points selected from the TOD FIG.

These optional Group elements may **not be on the same rows** as the compulsory elements chosen from TOD FIG Age Group 11-16, however they can be in different rows of the same table.

**All Balance elements must be built on separate pyramids**



# Spanish national rules (youth)



Special requirements for **PAIRS**:

**2 BALANCE** and **2 DYNAMIC** pairs elements selected from different **TOD FIG Age Group rows 11-16**.

In addition, **1 optional BALANCE** pair element (3" STATIC HOLD) with value between 1-6 points) and **1 optional DYNAMIC** Pair element (with a value between 1 and 10 points) selected from **TOD FIG**

These optional Pair elements cannot be found on the same rows as the compulsory Pair elements chosen from TOD FIG Age Group 11-16, however they can be in different rows of the same table.

## Individual Elements

As a special requirement, both in Pairs and in Groups, gymnasts must also present in their exercise **3 individual elements**, performed simultaneously or in cascade and selected from TOD 11-16 or ALL FIG.

It is **mandatory** to perform at least one (1) **Tumbling element**.

No Individual element should have more than 10 values of difficulty.

It is **not** mandatory to perform **1 salto**.

Both individual and optional pairs or groups elements serve to meet the requirements special, but its value is not added to the difficulty of the exercise.

# Provisional schedule

This schedule may be updated. All changes will be communicated to the clubs.

## TUESDAY 2TH

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Arival of delegations

Training could be arranged with OC in the Dinamic`s facilities by contact the OC

## WEDNESDAY 3 TH

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Arival of delegations

Accreditations + Podium training as schedule.

## THURSDAY 4 TH

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Accreditations  
Podium training as per Schedule\*

Orientation meeting erarly morning.  
(Compulsory for coach, HoD, team manager, judge).

Qualifications

## FRIDAY 5 TH

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Qualifications

Award ceremony

## SATURDAY 6 TH

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Finals

Award ceremony

Gala and Acro-party\*

## SUNDAY 7 TH

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Farewell

Turism at the City.

# Registration deadlines and finance obligations

**Entry fee**  
**45€/gymnast**

PAYMENTS WILL BE DONE BY TRANSFER TO THE NEXT ACCOUNT:

ACCOUNT HOLDER: CLUB DINAMIC  
CLUB PAYING: CLUB NAME\_INVOICE NUMBER

IBAN CODE ES64 2100 2688 6413 0082 1039

PROVISIONAL  
REGISTRATION  
UP TO:  
DECEMBER 15 TH

Entry fee + 30%  
acommodattion

PARTICIPATION  
FEE UP TO:  
JANUARY 15TH

You would be able to add  
participants.  
30% accommodation

DEFINITIVE  
REGISTRATION  
UP TO:  
FEBRUARY 15 TH

Rest of the  
accommodation (40%)

NOMINATIVE  
REGISTRATION  
UP TO:  
MARCH 4TH

DIAC 2023  
APRIL  
2ND&3RD  
(Arrival to Valencia)

- THE ENTRY FEE IS NOT REFUNDABLE
- THE ACCOMMODATION IS ONLY REFUNDABLE IF CANCELLATION IS MADE BEFORE FEBRUARY 15TH
- ALL DELEGATIONS MUST BRING (AT LEAST) 1 JUDGE - NO JUDGE PENALTY: 250 €
- THE ACCOMMODATION WILL BE COMPULSORY WITH THE OC.

# ACCOMMODATION/MEALS/TRANSPORT

## PARENTS ACCOMMODATION

PARENTS WILL BE ALLOW TO BOOK THE HOTEL WITH THE OC. IT WILL HAVE THE SAME PRICES AS THE REST OF THE DELEGATION. THEY WILL HAVE A "VISITOR" ACCREDITATION WHICH ALLOW THEM TO ENTER TO THE COMPETITION VENUE, USE THE SHUTTLE BUS (ALWAYS WITH PRIORITY FOR THE GYMNASTS) AND ACCOMMODATION WITH BREAKFAST. LUNCH AND DINNER WON'T BE PROVIDED.

## MEALS

FULL BOARD IS INCLUDED IN ACCOMMODATION PACKAGES. BREAKFAST WILL BE SERVED AT THE HOTEL. LUNCH AND DINNER WILL BE SERVED IN THE COMPETITION HALL. HOTEL ROOMS WILL BE ALLOCATED ON A "FIRST COME, FIRST SERVED" BASIS.

***NO TICKET – NO MEALS!!! NO ACCREDITATION – NO MEALS!!!  
EXTRA ACCREDITATION: 150€***

1

## Hotel Class A+

120€ /person/night triple room  
130€/person/night doble room  
170€ /person/night single room

4 STARS HOTEL LOCATED IN A MALL  
NEARN THE AMAZING "CIUDAD DE  
LAS ARTES Y LAS CIENCIAS"

2

## Hotel Class A

110€ /person/night triple room  
120€/person/night doble room  
150€ /person/night single room

3 STARS HOTEL LOCATED IN A MALL  
NEARN THE AMAZING "CIUDAD DE  
LAS ARTES Y LAS CIENCIAS"

3

## Hotel Class B

110€ /person/night doble & triple room  
130€/person/night single room

HOTELS LOCATED FIRST LINE  
FROM "LA MARINA" PORT.

3

## Hotel Class C

90€ /person/night doble room  
120€ /person/night singleroom

IBIS HOTEL CLEAN AND CLOSE TO  
THE PORT.  
20 MIN WALK TO THE VENUE.



# ACCOMMODATION PACKAGE

## FULL SERVICE

Hotel & breakfast

Lunch & dinner in  
the venue

## TRANSFER & SHUTTLE

Bus from your  
arrival point to  
hotel.

Shuttle bus  
between hotel &  
venue.

## GALA PARTY

# AIRPORT TRANSFER



TRANSFERS TO AND FROM THE VALENCIA AIRPORT TO THE OFFICIAL HOTEL WILL BE PROVIDED TO ALL DELEGATIONS INCLUDED IN THE ACCOMMODATION PACKAGE.

IF YOU HAVE ANOTHER WAY TO TRAVEL, PLEASE LET US KNOW TO BE ABLE TO PICK YOU UP ON YOUR DESTINATION. ALL THE PICK UPS WILL BE DONE ON THE VALENCIA TRAVEL DESTINATIONS.

BUS STATIONS, TRAIN STATIONS OR AIRPORT.

THE TRANSFERS WILL BE PROVIDED FROM **TUESDAY 2TH TO SUNDAY 7TH**. BEFORE OR AFTER THAT, PLEASE CHECK VIABILITY WITH THE LOC.

# INSURANCE

ALL CLUBS SHOULD PRESENT THE INSURANCE TO THE OC.

ALL PARTICIPATING FEDERATIONS AND CLUBS ARE RESPONSIBLE FOR MAKING THEIR OWN ARRANGEMENTS TO HAVE THE NECESSARY VALID INSURANCE, COVERAGE AGAINST ILLNESS, ACCIDENTS AND FOR REPATRIATION FOR ALL THE MEMBERS OF THEIR DELEGATION.



# MEDICAL SERVICE

DURING THE COMPETITION THERE WILL BE A SERVICE OF THE RED CROSS TO ATTEND ANY SERIOUS ACCIDENT OR NEED TO TRAVEL TO A HOSPITAL.

WE ARE TRYING TO HAVE A TEAM OF PHYSIOTHERAPISTS THAT CAN ATTEND TO ANY MINOR INCIDENT.



# ACCREDITATION

IT WILL BE IN THE COMPETITION HALL:

WEDNESDAY 3RD (ALL DAY)  
THURSDAY 4TH (UNTIL 11:00 HRS)

THE ACCREDITATION WILL IDENTIFY THE PARTICIPANTS AND ENSURES ACCESS TO EACH AREA. ALL THE CLUB MEMBERS REGISTERED IN THE COMPETITION AS A GYMNAST, COACH, HOD, DOCTOR... WILL BE REQUIRED TO WEAR THE ACCREDITATION IN A VISIBLE PLACE IN ORDER TO MAKE IT EASIER FOR THE SECURITY TEAM TO IDENTIFY EVERYBODY.

THE HEAD OF DELEGATION:

- MUST CHECK THE CORRECT NAME OF THEIR COMPLETE DELEGATION
- VERIFY ACCOMMODATION REQUIREMENTS
- HAND THE MUSIC OF THEIR COMPETITORS IN PEN DRIVE (JUST ONE COPY FOR SAFETY).
- PRESENT THE PASSPORTS OF ALL COMPETITORS AND MEMBERS OF THE TEAM FOR CONTROL

THE ACCREDITATION IS PERSONAL AND NON-TRANSFERABLE. IT WILL ALLOW TO PASS THE CONTROL ACCESS TO TRAINING AND COMPETITION HALL, MEDICAL SERVICES, LUNCHES AND DINNERS.

IF YOU LOSE IT, YOU WILL HAVE TO BUY A NEW ONE FOR 150€.



# TARIFF & MUSIC

TARIFF SHEETS MUST BE UPLOADED TO THE PLATFORM UNTIL **APRIL 1ST.**

ALSO YOU MUST HAVE A PENDRIVE WITH ALL THE MUSIC CORRECTLY NAMED.

PLEASE, USE THE SAME FORMAT TO IDENTIFY THE TARIFF AND MUSIC THAT THE PLATFORM HAD GIVEN TO YOU.

<https://www.gimresultados.com/Diac2024/clubs/login.php>



# The Diac's Faces



**IRENE CARLES**

*Administration*



**GUILLEM  
MARTÍNEZ**

*Coordinator*



**VIOLETA GIMENEZ**

*Accommodation*

# The Diac's Faces



**ERNESTO  
CARBONELL**  
*Coordinator*



**CARLOS MIRALLES**  
*Coordinator*



**JUAN ANTONIO  
LEÓN**  
*Head of judges*

# SPONSORS

## GRATITUDE



**Alcance Office**  
SERVICIOS INTEGRALES



federació gimnàstica  
comunitat valenciana





HOPE TO SEE YOU SOON!