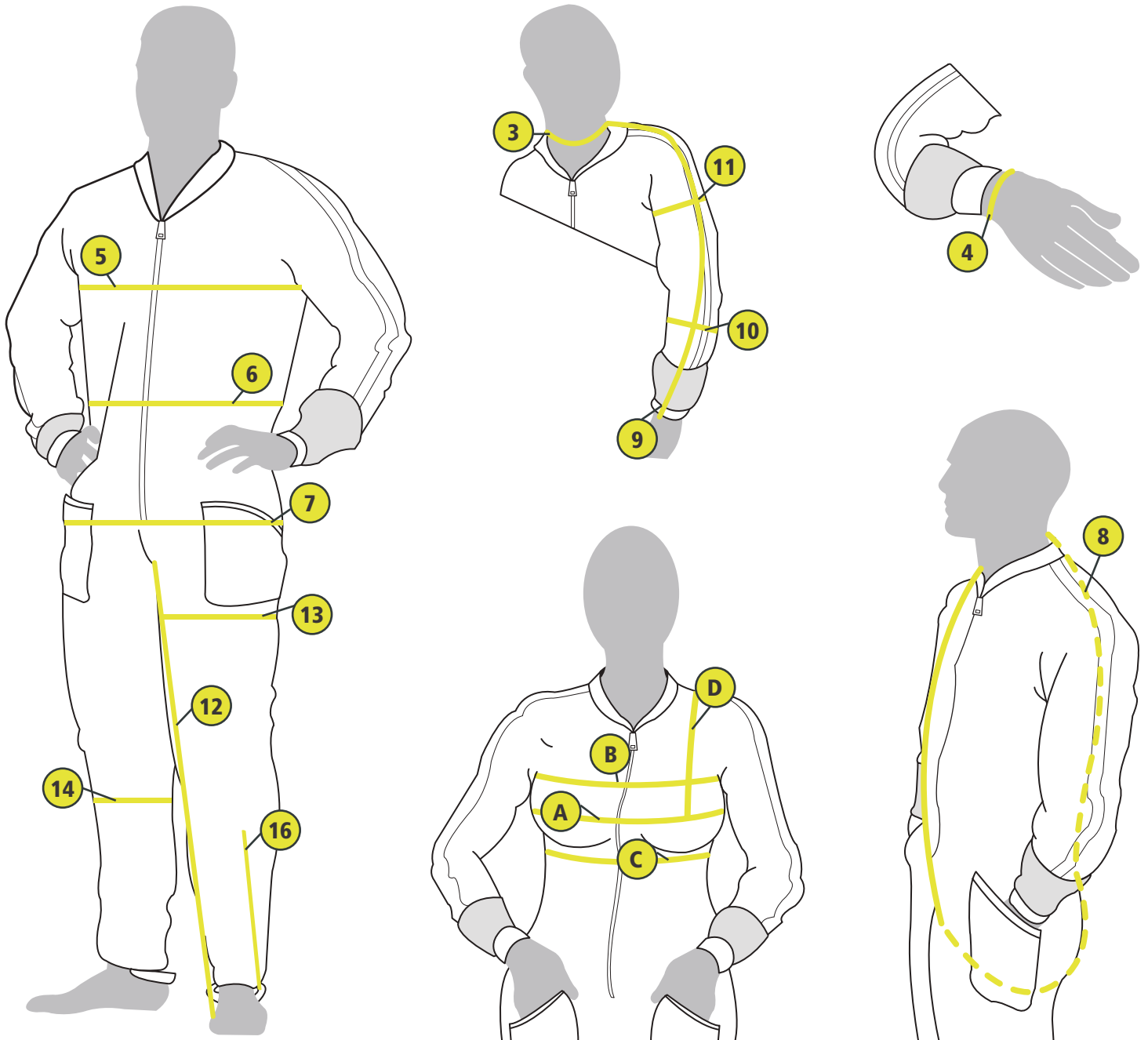# MEASURING GUIDE

Should you need some assistance on finding the right size for you please fill out our Diver Sizer form. Once completed and sent you will shortly receive a phone call from an experienced member of staff.

Our staff members will analyse your measurements and calculate your optimum suit size.

Drysuit Measuring : Please try to measure over the undersuit you intend to wear if possible. If not please make sure you have noted that measurements have been taken without an undersuit. This will ensure you get the best possible fit.

If you are still unsure please call us or visit us instore. Northern Divers state of the art computerised cutting system ensures that all suits are precision made to your exact measurements.

Each suit is designed, planned and graded digitally, then transferred to the cutting bed, which gives a clean and accurate cut, ensuring maximum seam integrity.

Refer to the diagrams to assist in measuring correctly.

Call for assistance on +44 (0) 1257 25 44 44

Appley Lane North, Appley Bridge, Wigan, WN6 9AE

In order to ensure a perfect fit and years of trouble free service, we have produced a step-by-step guide describing the correct procedure to measure for a drysuit.

When taking measurements, stand tall with muscles relaxed and feet together. Please do not measure yourself, enlist the help of a second person to do it for you, as accuracy is essential for a good fitting suit.

When measuring, apply constant pressure to the tape (so it doesn't sag) without pinching the skin. Use a flexible measuring tape, such as plastic or cloth.

The place to take some of these measurements will vary slightly from person to person. To ensure accuracy, just remember to take them in the same place on your body each time.

Measurements can be made in either inches or cm, except shoe size and weight. If possible please measure over the undersuit you intend to wear when measuring up for a drysuit.

1. **Height** - to be measured against a wall

2. **Weight** - to be taken on accurate scales

3. **Neck** - taken over bare skin below Adam's Apple with the tape resting on your shoulders

4. **Wrist** - taken over bare skin behind wrist bone

5. **Chest** - taken around the fullest part, just under your breasts/pecs and measure around the torso while keeping the tape parallel to the floor

6. **Waist** - taken around a relaxed waist, about a 1/2 inch above your bellybutton, exhale and measure before inhaling again

7. **Hips** - taken across the widest part of your hips/buttocks. Measure all the way around while keeping the tape parallel to the floor

8. **All Round Body** - taken from hollow front of neck through legs (up in crotch) up to base of neck

9. **Neck To Wrist** - taken from base of neck to wrist bone

10. **Forearm** - taken around the fullest part with finger inside tape

11. **Bicep** - Relax the muscle, taken around the fullest part with finger inside tape

12. **Crotch To Floor** - up in the crotch down to floor

13. **Thigh** - taken around fullest part with finger inside tape

14. **Calf** - taken around fullest part with finger inside tape

15. **Actual Shoe Size** - not your trainer size

16. **Side Ankle To Knee** - side of ankle to middle of knee

IMPORTANT

Accurate measurements are essential for a good fitting suit.

ADDITIONAL LADIES MEASUREMENTS

A. **Chest** - taken across your nipples and measure around the largest part of your chest. Be sure to keep the tape parallel to the floor.

B. **Chest Above Bust** - taken under armpits with tape parallel to the floor

C. **Under Bust** - taken around the fullest part, just under your breasts/pecs and measure around the torso while keeping the tape parallel to the floor

D. **Shoulder To Bust** - taken from top of shoulder to centre of bust

NEED HELP?

An experienced member of staff are familiar with the measuring process and can assist you in this task should you need it.

Call us today - +44 (0) 1257 25 44 44

Or visit us instore -
East Quarry, Appley Lane North, Appley Bridge, Wigan, WN6 9AE

SHOE SIZE?

Determining your proper shoe size is essential to a comfortable fit.

If you don't know it you can measure yourself or visit your nearest shoe store for an accurate result.