



EE-ÖKO-03



EU AGRICULTURE

# Superfood honey selection for breakfast and cooking



QUALITY  
IS OUR  
MAIN INGREDIENT



CRAFT HONEY  
TRADITIONAL, SUSTAINABLE  
BEEKEEPING WITH LOVE



HEALTHY BEES  
FROM PURE  
NORDIC WILDERNESS

From the hive to your table, we work diligently to deliver  
MÖM Organic Honey in the utmost quality.



# It's tea time

These precious spices infuse an oriental touch and are also known as a source of antibiotics.



ORGANIC HONEY  
AND GINGER



ORGANIC HONEY  
AND MATCHA



ORGANIC HONEY  
AND SAFFRON



Delicious ways to enjoy MÖM Organic Honey: stir into tea or hot water, in plain yogurt, on bread or mixed into smoothies, marinades, or enjoy by the spoonful, the possibilities are endless!

MÖM Organic Honey is part of our Superfood Honey Collection, and as always is bee-friendly, completely raw, health conscious and from the Nordic wilderness.

200 G / PIECE,  
12 PCS / BOX,  
100 BOX / PALLET

# Loaded with nutrients

This special Honey selection is full of nutrients and an immune system booster.



ORGANIC HEATHER HONEY



ORGANIC HONEY AND BEE PRODUCTS



Heather Honey has thixotropic properties and is the most powerful honey collected from Estonia's unspoiled wilderness. Honey infused with Bee Products is the best of everything from the hive - Pollen, Propolis and Bee Bread.

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dressings, cheese dipping or enjoy by the spoonful, the possibilities are endless!

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12 PCS / BOX,  
100 BOX / PALLET



# Breakfast makes the day



ORGANIC HONEY  
AND STRAWBERRY



ORGANIC HONEY  
AND BUCKTHORN



ORGANIC HONEY  
AND RASPBERRY



Lush, juicy, and bursting with super Berry goodness, MÖM Organic Honey bliss makes for a perfect, energizing addition to your day.

At least a handful of berries in each pouch add an extra variety of vitamins.



### ORGANIC HONEY AND BLUEBERRY



### ORGANIC HONEY AND LINGONBERR



### ORGANIC HONEY AND BLACK CURRANT



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12 PCS / BOX,  
100 BOX / PALLET

# It's christmas

Christmas joy fills the room when you taste the MÖM Organic Honey and Gingerbread Spices.



## ORGANIC HONEY AND GINGERBREAD



This is the gingerbread soft texture version. The gingerbread flavor is created with spices such as cloves, cardamom, ginger and cinnamon.

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200 G / PIECE, 12 PCS / BOX, 100 BOX / PALLET

# Let's have a barbecue

Honey Marinades are our new selection to be a companion with meats, veggies, and seafood while cooking. The mixtures are inspired from Oriental cuisine to add a sweet and spicy touch to your meal.



MEAT MARINADE



SEAFOOD MARINADE



Delicious ways to enjoy MÖM Organic Honey: use this marinade to flavor beef, chicken, pork, seafood or veggies. Can be used for barbecue, grill, pan fry or oven bake.

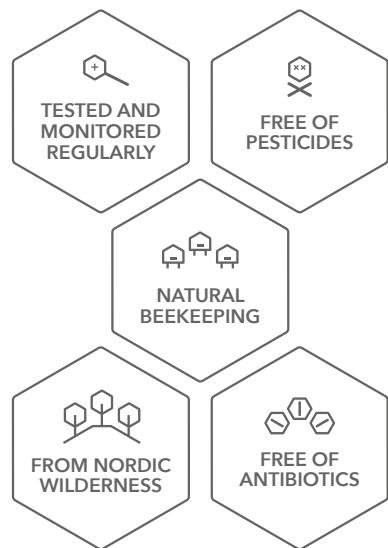
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200 G / PIECE,  
12 PCS / BOX,  
100 BOX / PALLET



Farming of organic honey meets extensive monitoring and testing criteria of European Union Regulation (EEC). It guarantees that it does not contain any residues of pesticides or environmental pollutants.

The documentation and analysis of land ensure that within a three-kilometer radius of the organic hives are free of chemical residue. This allows our bees to live in peace and harmony with the clean nature around them.



Organic apiary is always non-GMO and free of antibiotics. We use natural materials for bee-hives such as untreated wood.

MÖM Organic Honey is a producer of high quality certified organic honey from the Northern wilderness in Estonia. We are a family apiary, kept by spouses Allan and Riin Liht. We are dedicated to quality and sustainable beekeeping. Our craft honey is natural, so all the good elements remain at the highest possible level. Enjoy the delicious and distinctive taste of MÖM Organic Honey knowing that you are contributing to and promoting sustainable land use and beekeeping.



MÖM

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