SIGNPOST

Communication News & Resources
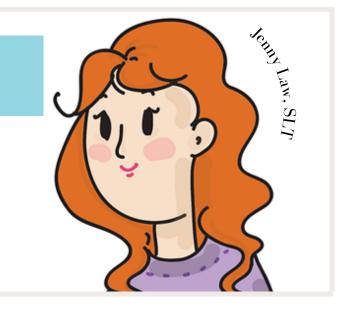
AUGUST 2021

Welcome to Signpost! Communication news & resources for the month ahead.

This month celebrates skills for all seasons. So let's move, sign, cook up a storm, and then have a haircut!

Jenny Law, SLT

KEY-WORD SIGNS

Don't be tempted to sit still this summer. Why not choose, discuss & plan some fun activities with this _free Signalong poster_?

Whether you prefer a leisurely walk, invigorating run, or simply reminiscing about your old hula hoop and skipping rope, it's a great opportunity to speak and sign about ways to get moving.

Prefer to learn from a tutor? Registered Speech and Language Therapists will be teaching a _Key-Word Signing class_ in Yeovil starting Tuesday 21st September.

AND COURSES

Support adults and children...

...who have communication needs.

Let's learn to sign!
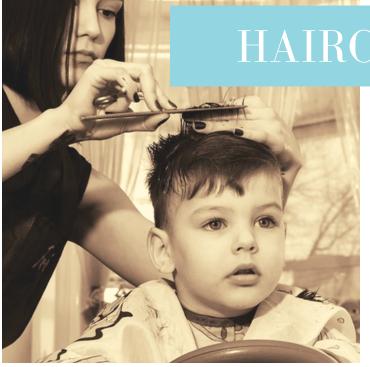
HEARING LOSS SIMULATION

RNID estimates that 20% of adults have some form of hearing loss, rising to 70% in people over 70. If you're not sure what that's like, _this video_ provides a vivid example of _how difficult it can be to hear and understand speech_. Top tip: click here for subtitles.

SKILLS FOR ALL SEASONS

Cooking can be difficult if you struggle to read recipes, but there are resources that can help. The CookABILITY video recipes feature hearty main meals like cottage pie and chow mein. And for literate individuals who prefer the 'easy read' format, there's the free 'Dinners and Puddings' book from Mencap. Yum!

COOK UP A STORM

HAIRCUT HARMONY

As the weather gets hotter, maybe it's time to feel cooler with a haircut. Or perhaps get a trim before the new school year?

If you know a young person who feels anxious about haircuts (or needs some support to understand the situation) you might like this thorough and immersive multisensory story from Storytelling Through the Senses. Complete with fun and creative extension activities.