

Interreg



Co-funded by
the European Union

Estonia – Latvia

Project Study trip II
EE-LV00228 - Rooted Heritage

Training and Study Tour: Planning historical gardens

Training: This training focuses on the identification and cultivation of regional heritage plants, with special attention to species unique to the Lake Peipsi and Cēsis regions. Participants will gain practical knowledge about heritage gardening principles and sustainable practices.

A hands-on workshop will be dedicated to developing a vegetable garden plan for Lielstraupe Castle. Participants from both Estonia and Latvia will collaborate in mixed groups, sharing their experiences and ideas. This joint planning exercise encourages dialogue, cooperation, and mutual learning, while laying the groundwork for creating a community heritage garden that reflects cultural and ecological traditions.

Study Tour: The study visit provides participants with firsthand experience of organic farming and heritage garden traditions in Latvia.

Clothing: Clothing according to the weather, rainproof shoes and capes if it is rainy.
NB: Minor changes may occur in the program.

October 23th - Theoretical training and practical workshop “Planning historical gardens”

10:30 – 11:00 a.m. Arrival and welcome coffee/tea, day overview.

Address: Lielstraupe Castle, Straupe, Straupe Parish, Cesu Region

<https://www.google.com/maps/place//data=!4m2!3m1!1s0x46ebfe000c1bedb7:0xea78a19c6a624b70?sa=X&ved=1t:8290&ictx=111>

Theoretical part:

11:00–11:45 Lecture: Historical and contemporary gardens. Similarities and differences in their design. Types of gardens. Parks and gardens (led by the lecturer)

11:45–12:45 Lecture: Garden/park planning (led by lecturer)

12:45–13:45 Lunch

Practical part:

13:45–14:45 Group work: Small working groups of 2-3 people work on a practical task, assessing the Lielstraupe Castle Park from the perspective of the different target groups and marking the needs on the park map.

14.45 – 15.30 Working group presentations, comparison of work results, discussions

15:30 – 15:40 Coffee break

Experience part:

15:40 Departure by bus to Līgatne (Latvian and Estonian participants will travel in separate buses)

https://www.google.com/maps/place/L%C4%ABgatnes+T%C5%ABrisma+inform%C4%81cijas+centrs/@57.2335426,25.0355727,16z/data=!4m6!3m5!1s0x46e959c25e0061cd:0x6e74ad37187f2276!8m2!3d57.2335424!4d25.0397039!16s%2Fg%2F11x_vxn5pc?hl=lv&entry=ttu&g_ep=EgoyMDI1MDkyOS4wIKXMDSOASAFQAw%3D%3D

16:30 – 17:15 Tour of the Pavāru mājas garden <https://www.pavarumaja.lv/en>

17:30 – 18:30 Dinner at the Līgatne Rehabilitation Center <https://rehcentrsligatne.lv/en/>

After dinner, the bus will take the Estonian participants to their hotel in Cēsis.

October 24th - Experience exchange visits to historic gardens

Participants meet at the entrance to the Cēsis Castle Garden (Pils laukums 11, Cēsis)

9:00–10:30 a.m. Tour of the medieval garden of Cēsis Castle, led by castle gardener Līga Eglīte

10:50 – 12:00 Āraiši Archaeological Park (9th–10th century garden), tour led by garden designer Vita Blate

12:20–13:30 Excursion and lunch at Kārļamuiža – the old manor apple orchard, former gardener school; guided by manor owner Baiba Stepiņa

14:40 – 16:00 19th century garden at Oleru Manor. Tour led by manor owner Ieva Zemīte

16:00–17:00 Afternoon coffee break, seminar day evaluation, participant feedback, summary, farewells.