

Week of Natural Building

June, 25. – 29. in Hobukooli Park, Estonia

5 days of international meeting for people with practical interest in natural building.



The Venue

Equilibre NGO is a social enterprise created 10 years ago to develop two main fields:

- Natural building and Sustainable Lifestyle
- Equine Assisted Counseling and Therapy

Both branches support and complement each other. Introducing and practicing two fields at the same place raises interest in a greater number of people and provides therapeutic atmosphere for all activities through natural surroundings and close contact with animals.

Hobukooli Park is located in the middle of Estonia, 1h drive from most of the bigger cities. Natural environment provides retreat and rejoins human and nature.

With last 10 years the area of Hobukooli Park has been slowly growing. The Park has been planned and built according to Permaculture Principles. Today there are 30 hectares of land, private forest routes and big pastures for horses, also several ongoing projects to improve the facilities. All houses are from natural materials, mostly from straw, clay and reused wood. Practical environmental education for pupils, students and teachers has been provided in Park over last 10 years.



**Strawbale seminar house, 100 m2 of floor area*



**Outdoor kitchen with friendly company*

Project activities in June

1. Plastering workshop

There will be a step by step learning of earth plastering. We work with local clay materials, we will render curvy walls and will be modelling relief elements.



**Small strawbale house and big strawbale house in progress.*

2. Design workshop with clay

We will get deeper understanding of design with clay indoors, using local clay and fibres.

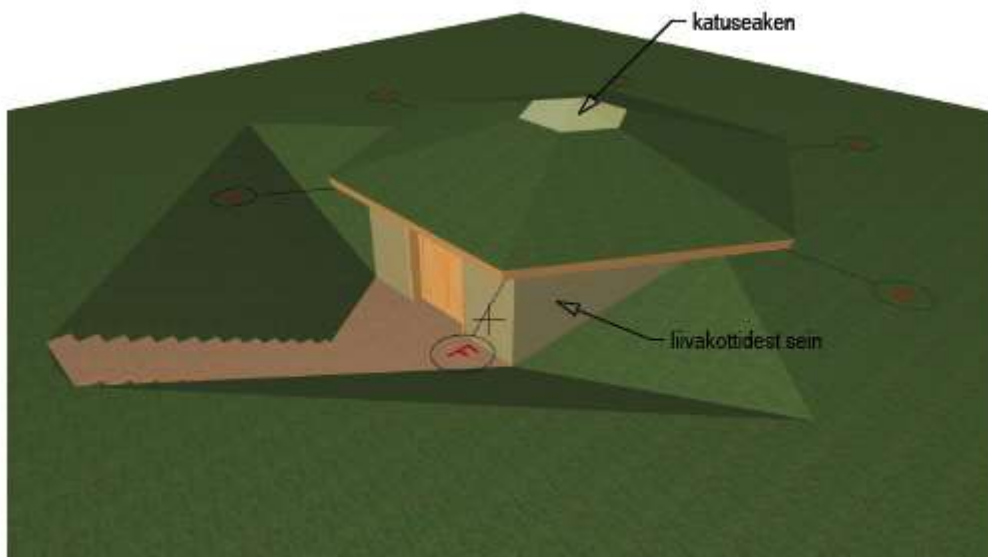


**Second floor of wooden sauna house, where we work with finishing coats of clay plasters.*

3. Building a Temple

In this workshop we will learn to build with sandbags - underground structure is raised by building company and participants can join for two days workshop. Underground roundhouse from sandbags will be built for the end of the Autumn 2018 and this is a part of the bigger landscape project, funded by local Leader group JAP.

The house will be later used for sharing circles with the groups of children and people with special needs and different participants in Hobukooli Park.



Schedule

From Monday to Friday, 25 to 29 of June.

<i>Time</i>	<i>Activity</i>	<i>Location</i>	<i>Outcomes</i>
<i>Mornings</i>	Breakfast, Morning circle	Seminar House	New energy
<i>1st half of the day</i>	Practical workshop	In 3 locations, all in the Park	New knowledge
<i>Lunch time</i>	Eat and rest	Seminar House	Balancing energies
<i>2nd half of the day</i>	Practical workshop	In 3 locations, all in the Park	New knowledge
<i>Evening time</i>	Dinner and rest time	Seminar House and the Park	Balancing energies

*Yoga practice will be provided before breakfast. Workshops will be provided for smaller groups and groups are rotating every day. There will be different activities offered during the evening time -

bicycle tour to next village; concert evening with bonfire; midnight labyrinth walk; sauna evening, communication with horses etc.

Accommodation

There are 3 different houses where we have 4+4+7 beds (15 in total) and you should bring your own sleeping bags. There will be area for tents also and outdoor showers next to sauna.



**Sleeping places in clay buildings.*

*More detailed schedule

		Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
7-7.45	Yoga						
8-8.45	Breakfast						
9-12.45	Group work	Handmade Ceramic	Artwork w earth	Gaia Temple	Plastering indoors	Helping in old Factory	Bye, bye
13-13.45	Lunch						
14-17.45	Group work	Tour & preparations	Plastering indoors	Artwork w earth	Gaia Temple	Recap, finishing	
18-18.45	Dinner						
19-21...	Evening activities	Village day bike tour	Sauna evening & Labyrinth	Contact with Horses	Concert & firing ceramic	Sauna evening	

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Organizer, natural builder

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