

BOOKING A TRAINING



Omaklubi Sports Club uses the BSPORT booking system, which can be accessed online <https://backoffice.bsport.io/login> or in the smartphone application

When using BSPORT for the first time, you must create a user:

- If you have joined the club, OMAtrainer enters your data; you will receive an email with a link to create a password for yourself;
- If you want to register as a user yourself, you can select "Forgot password" on the BSPORT website, enter your email address and create a user account from there.
- You can get the OMAklubi phone application from Apple App Store or from Google Play Store;
- Log in to the application with your user ID and you are ready;


BOOKING A TRAINING:

- In the OMAklubi app, select "Appointments" and then "INDIVIDUAL TRAINING IN UUS-VEERENNI" appears
- Choose a training duration of 40, 60, or 90 minutes
- The system gives you the opportunity to choose a suitable training slot
- To confirm the reservation, select the corresponding package from the "Book" part (you can also see how many workouts you still have left in the cycle). And you are ready!
- NB! You can cancel the training free of charge up to 2 hours before it starts, if you cancel later, your training time will be taken away from you and you will no longer be able to register on that day.

GETTING INTO THE STUDIO



A smartphone is required to enter the studio, as the door opens with the G4S NUTIVÕTI app:

- OMAtrainer creates a user for you in the G4S NUTIVÕTI system, we use the same e-mail with which you have registered as an OMAklubi member;
- You will receive an e-mail to activate your user account - create a password for yourself
- Download the application from Apple App Store or from Google Play Store;
- Log in to the application with your user ID and you are ready;
- When you log in, you should immediately see the map view;
- If you are at the door and the phone finds a Bluetooth connection , press "Omaklubi Spordiklubi Uus-Veerenni uks" until the green sign appears below - the green light on the door knob also lights up for a while.

NB! WE ASK YOU TO ALWAYS ENTER THE CLUB ALONE, IF YOU ARRIVE TO TRAIN WITH ANOTHER MEMBER, THEN PLEASE ACTIVATE THE NUTIVÕTI ON BOTH PHONES, THIS HELPS US TO BETTER ENSURE THE REGULATION OF THE ROOM.

USING THE STUDIO

Up to 4 places have been created for training at the same time in the studio, therefore it is very important to book your own training time so that everyone has a comfortable space to train. So always book a training session before coming to the studio!

ROOM LIGHTING

- the lights in the central room can be turned on from behind the hanger*
- the lights of the stretching area are next to the Swedish ladder*

If you are the last one in the club, always turn off all the lights!

TRAINING EQUIPMENT

- Please keep the room tidy and clean so that everyone has a good exercise*
- You use the devices at your own risk - if something happens to a device, write to us immediately so that we can arrange a replacement or repair*
- Always clean all exercise equipment with a cleaning cloth provided in the club*
- All exercise equipment must be put back in its place after use, so that the next exercisers can use them in the same way*

MUSIC

- In the studio, you can play music from the speakers via Bluetooth, to do this, switch on the amplifier under the counter and search for the "LogitechBT" on your phone*
- Make sure that the music is not too loud to disturb the neighbours and that the chosen music is also suitable for other exercisers in the hall*

If you are the last one in the club, always turn off the amplifier

PURCHASE OF PRODUCTS

- In the club, you can also buy water, bars, training socks, etc., from a glass cabinet*
- All products are 10% cheaper for Omaklubi members*
- There are two ways to pay:*
 - write your name and the products taken on a designated paper - OMAtrainer will put them on your bill afterwards and you can pay, e.g. with the next membership fee invoice or separately in BSPORT;*
 - pay in BSPORT: select the "Studio" subpage and then corresponding product from the Webshop, press ADD, enter the "Promotional code" OMA to get a discount; Press "Purchase" and "Online payment" and that's it.*

USE OF KITCHEN AND TOILET

- you can also drink tap water or make yourself a cup of tea while in the club, but please wash used glasses and cups after;*
- you can use the shower cabin, but please take into account that you do not hold the toilet for too long if there are other exercisers in the studio*
- if something runs out or breaks, let us know right away so we can take care of it;*
- we will be grateful if you take care of the rooms after you, so that the next trainers will also have a good and nice time in the studio!*

Wishing you a lots of good emotion trainings!