

**Kausi 2019 alkaen**  
**Aikarajat –Tytöt (50m rata)**

**Taulukko 1.1 (valintakriteerit)**

© Dr. Klaus  
Rudolph 2018  
(Basis 2017)

Rudolph Pisteet	VU						RU			PU			SU			SKU		Ikä
	50	100	200	400	800	1500	50	100	200	50	100	200	50	100	200	200	400	
<b>HAASTAJAT- elite</b>																		
5	00:33,24	01:12,32	02:37,98	05:30,72	11:30,83	22:28,77	00:41,86	01:31,23	03:16,23	00:35,55	01:19,71	02:57,57	00:37,71	01:20,59	02:54,31	02:56,18	06:17,52	12v
5	00:31,95	01:09,67	02:30,73	05:17,93	10:57,74	21:23,57	00:40,32	01:27,51	03:08,54	00:34,43	01:15,81	02:48,84	00:36,46	01:18,08	02:48,72	02:50,28	06:01,21	13v
5	00:31,45	01:07,77	02:26,73	05:10,22	10:37,21	20:45,79	00:39,41	01:25,79	03:05,80	00:33,59	01:13,62	02:43,93	00:35,74	01:16,26	02:44,53	02:46,12	05:53,55	14v
6	00:30,53	01:05,90	02:22,80	05:01,18	10:21,51	19:52,15	00:38,46	01:23,19	02:59,95	00:32,40	01:11,76	02:38,45	00:34,63	01:14,43	02:39,21	02:41,39	05:43,26	15v
6	00:30,48	01:05,73	02:21,78	04:58,65	10:14,69	19:41,36	00:37,89	01:22,43	02:57,68	00:32,18	01:11,19	02:37,01	00:34,51	01:13,92	02:38,31	02:40,56	05:39,36	16v
<b>ELITE</b>																		
7	00:32,41	01:10,51	02:34,01	05:22,41	11:13,49	21:54,91	00:40,81	01:28,94	03:11,30	00:34,66	01:17,71	02:53,11	00:36,77	01:18,57	02:49,94	02:51,76	06:08,05	12v
7	00:31,15	01:07,92	02:26,94	05:09,95	10:41,23	20:51,35	00:39,31	01:25,31	03:03,80	00:33,56	01:13,91	02:44,60	00:35,54	01:16,12	02:44,49	02:46,00	05:52,14	13v
7	00:30,66	01:06,07	02:23,05	05:02,43	10:21,21	20:14,51	00:38,42	01:23,64	03:01,13	00:32,75	01:11,78	02:39,81	00:34,85	01:14,35	02:40,40	02:41,95	05:44,68	14v
8	00:29,75	01:04,23	02:19,17	04:53,53	10:05,71	19:21,85	00:37,48	01:21,08	02:55,37	00:31,58	01:09,93	02:34,42	00:33,75	01:12,54	02:35,16	02:37,29	05:34,54	15v
8	00:29,70	01:04,05	02:18,17	04:51,05	09:59,06	19:11,32	00:36,93	01:20,34	02:53,17	00:31,36	01:09,38	02:33,02	00:33,64	01:12,04	02:34,28	02:36,48	05:30,73	16v
8	00:29,46	01:03,82	02:17,37	04:50,60	09:56,85	19:07,70	00:36,68	01:19,81	02:52,50	00:31,05	01:08,88	02:32,72	00:33,33	01:11,19	02:33,06	02:35,15	05:29,68	17+