**WEEK MENU**

April 14-18, 2025

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|  | **BREAKFAST** | **LUNCH** | **DINNER** |
| MONDAY | Semolina porridge, jam, milk | Pork stroganoff, boiled potatoes, cabbage-carrot salad, bread, pearV/M: Vegetable sauce with soy “meat”P: Sauce with chicken | Omelette, sandwich, ice teaV : Vegetable cutlet, salad |
| TUESDAY | Four-grain porridge with berries, milk | Minestrone with chicken (M/P), bread, cocoa kissel with jam, cabbage snackV: Red vegetable soup with lentils, berry kissel | Pasta with ham, raw saladV/P: Pasta with vegetables |
| WEDNESDAY | Rice flake porridge, jam, milk | Fish cutlet (P), rice, cold sauce with herbs, cabbage-beet salad, bread, pearV: Chickpea cutlet, rice, vegan mayonnaise | Milk noodle soup, bread with tomatoV : Milk soup with soy milk |
| THURSDAY | Millet porridge, jam, milk | Homemade vegetable puree soup, bread, pasha curd cream, carrot snackV: Vegetable soup, fruit saladP: Soup with chicken | Pizza with ham and cheeseV/P: Pizza with soy minced meat |
| FRIDAY |  | Cardstock Easter Eggs (with Free Printable!) - The Craft-at-Home Family |  |

M L- lactose-free, casein-free
F- flour-free (does not contain wheat, rye, barley or oat flour)
V- vegetarian (may contain egg)
P-pork free
G-gluten free