

WEEK MENU

June 30.- July 4.2025

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|  | **BREAKFAST** | **LUNCH** | **DINNER** |
| MONDAY | Oatmeal porridge, jam, milk, apple | Pork sauce, buckwheat, Chinese cabbage-cucumber salad, bread  V: Vegetable sauce with oat cream, buckwheat, salad  P: Chicken sauce | Boiled egg, rye bread with butter  V: Bread with hummus |
| TUESDAY | Semolina porridge, berries, milk, cabbage snack | Chicken-lentil soup (P), bread, milk jelly with jam  V: Vegetable-lentil soup, berry jelly with cornflakes | Baked potatoes, bread, sour cream |
| WEDNESDAY | Rye-flake porridge, jam, milk, pear | Potato casserole with minced meat, cabbage-tomato-sour cream salad, bread  V/P/M: Baked potatoes with beans | Carrot cutlet, salad, bread  V: Chickpea cutlets |
| THURSDAY | Barley-flake porridge, jam, milk, carrot snack | Creamy fish soup (P), bread, semolina mousse with milk  V/M: Vegetable soup | Bread with cheese, flavored water with berries  V: Bread with tomato |
| FRIDAY | Four-grain porridge, jam, milk, apple | Bolognese sauce with minced beef (P/M), pasta, bread, carrot-sprout salad  V: Tomato sauce with vegetables and beans | Berry cake, milk  V/M: Vegan cake with berries |

M L- lactose-free, casein-free

F- flour-free (does not contain wheat, rye, barley or oat flour)

V- vegetarian (may contain egg)

P-pork free

G-gluten free