WEEK MENU

June 16-20

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|  | **BREAKFAST** | **LUNCH** | **DINNER** |
| MONDAY | Four-grain porridge, jam, milk | Fresh cabbage and minced meat stew (M), boiled potatoes, grated carrots, bread, pear  V: Cabbage and bean stew  P: Cabbage stew with chicken | Scrambled eggs, rye bread  V/M: Cucumber sandwich |
| TUESDAY | Rye-flake porridge, berries, milk | Chicken soup (M/P), bread, caramel jelly with jam, milk, carrot snack  V: Vegetable soup, soy pudding | Vegetable stew, bread |
| WEDNESDAY | Rice porridge, jam, milk | Tomato beef sauce (M/P), buckwheat, Chinese cabbage and paprika salad with sprouts, bread, apple  V: Tomato vegetable sauce | Rye bread with ham and cheese |
| THURSDAY | Barley porridge, jam, milk | Borsh with pork (M), sour cream, bread, bread cream with whipped cream, cauliflower snack  V: Vegetable soup, bread cream | Baked potatoes, cabbage and sour cream salad, bread |
| FRIDAY | Corn semolina porridge, jam, milk | Fish fingers, rice, cold sauce with herbs, bread, cabbage and pickled cucumber salad, pear\*  V/M: Baked eggplant with vegan cheese | Apple pie, milk |

M L- lactose-free, casein-free

F- flour-free (does not contain wheat, rye, barley or oat flour)

V- vegetarian (may contain egg)

P-pork free

G-gluten free