WEEK MENU

June 2-6, 2025

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|  | **BREAKFAST** | **LUNCH** | **DINNER** |
| MONDAY | Oatmeal porridge, jam, milk | Chili con carne, rice, Chinese cabbage-paprika salad/carrot-radish salad, bread, apple  V: Tomato sauce with beans  P: Tomato-chicken sauce | Boiled egg, cucumber sandwich  V: Cucumber sandwich |
| TUESDAY | Four-grain porridge, berries, milk | Chicken-vegetable soup (P/M), bread, berry jelly with whipped cream, cabbage snack  V: Vegetable soup, kissel | Boiled potato, cottage cheese sauce with tomato and fresh dill |
| WEDNESDAY | Buckwheat porridge, butter, milk | Homemade minced meat-beet cutlet, buckwheat, warm sauce, carrot salad with seeds, bread, pear  V: Chickpea cutlet | Vegetable soup (V), bread |
| THURSDAY | Barley-flake porridge, jam, milk | Homemade seljanka, sour cream, bread, pancake with jam, milk, carrot snack  V: Vegetable soup, vegan muffin | Ham and cheese sandwich |
| FRIDAY | Corn semolina porridge, jam, milk | Fish fingers, baked potatoes, cabbage salad with cucumber and sour cream, bread, apple  V: Vegetable sauce  P: Chicken sauce | Cake, milk  V: Vegan cake |

M L- lactose-free, casein-free

F- flour-free (does not contain wheat, rye, barley or oat flour)

V- vegetarian (may contain egg)

P-pork free

G-gluten free