

# Brass City Charter School

## PROVIDING FRESH, HEALTHY MEALS DAILY

### K-8 MAY CYCLE BREAKFAST MENU FOR SY 2025-2026

<b>DAILY SERVINGS:</b> <b>ALL BREAKFAST OFFERINGS CONSISTS OF 3 MEAL COMPONENTS: WHOLE GRAIN, FRUIT AND MILK</b> <b>CHOOSE A MINIMUM OF TWO MEAL COMPONENTS INCLUDING ½ CUP FRUIT OR ONE FULL SERVING OF EACH MEAL COMPONENT</b>
<ul style="list-style-type: none"> <li>• <b>WG CEREAL WG MUFFIN, WG GRANOLA, WG GRAHAM CRACKERS</b></li> <li>• <b>2 ITEMS = 1 GRAIN SERVING. TAKE A MINIMUM OF 2 AS A COMBINATION OR 2 OF THE SAME ITEM</b></li> <li>• <b>LOW FAT STRING CHEESE OR FAT FREE YOGURT 1 ITEM = ½ SERVING, MAY SUBSTITUTE FOR HALF OF THE GRAIN COMPONENT, WHEN OFFERED.</b></li> </ul>
<ul style="list-style-type: none"> <li>• <b>FRUIT: 100 % JUICE AND ½ cup FRESH OR CUPS</b></li> <li>○ <b>(2 ITEMS = 1 FRUIT SERVING. MINIMUM 1 ONLY 1 JUICE PER STUDENT)</b></li> </ul>
<ul style="list-style-type: none"> <li>• <b>MILK: 1 CONTAINER= (1 MILK SERVING. CHOICE OF CHOCOLATE FAT FREE OR 1% WHITE)</b></li> </ul>

				<b>1</b> <b>**CHICKEN SAUSAGE WAFFLE**</b> <b>**WG CEREAL*</b> <b>**WG MUFFIN CHOICE**</b> <b>FRUITS &amp; MILK</b>
<b>4</b> <b>**WG PANCAKE SAUSAGE **</b> <b>*WG CEREAL WG MUFFIN CHOICE*</b> <b>* FRUITS &amp; MILK*</b>	<b>5</b> <b>*WG CEREAL*</b> <b>**WG MUFFIN CHOICE**</b> <b>FRUIT JUICE &amp; MILK</b>	<b>6</b> <b>**EGG CHEESE ON WG ROLL**</b> <b>*WG CEREAL*</b> <b>**WG MUFFIN CHOICE**</b> <b>FRUITS &amp; MILK</b>	<b>7</b> <b>*WG CEREAL*</b> <b>**WG MUFFIN CHOICE**</b> <b>FRUIT JUICE &amp; MILK</b>	<b>8</b> <b>**CHICKEN SAUSAGE WAFFLE**</b> <b>**WG CEREAL*</b> <b>**WG MUFFIN CHOICE**</b> <b>FRUITS &amp; MILK</b>
<b>11</b> <b>*EGG CHEESE ON WG ROLL*</b> <b>*WG CEREAL*</b> <b>**WG MUFFIN CHOICE**</b> <b>FRUIT JUICE &amp; MILK</b>	<b>12</b> <b>*WG CEREAL*</b> <b>**WG MUFFIN CHOICE**</b> <b>FRUIT JUICE &amp; MILK</b>	<b>13</b> <b>**CHICKEN SAUSAGE WAFFLE**</b> <b>*WG CEREAL*</b> <b>**WG MUFFIN CHOICE**</b> <b>FRUITS &amp; MILK</b>	<b>14</b> <b>*WG CEREAL*</b> <b>**WG MUFFIN CHOICE**</b> <b>FRUIT JUICE &amp; MILK</b>	<b>15</b> <b>*WG PANCAKE AND SAUSAGE STICK &amp; SYRUP**</b> <b>*WG CEREAL WG MUFFIN CHOICE*</b> <b>* FRUITS &amp; MILK*</b>
<b>18</b> <b>*WG PANCAKE AND SAUSAGE STICK &amp; SYRUP**</b> <b>*WG CEREAL WG MUFFIN CHOICE*</b> <b>* FRUITS &amp; MILK*</b>	<b>19</b> <b>*WG CEREAL*</b> <b>**WG MUFFIN CHOICE**</b> <b>FRUIT JUICE &amp; MILK</b>	<b>20</b> <b>*EGG CHEESE ON WG ROLL*</b> <b>*WG CEREAL*</b> <b>**WG MUFFIN CHOICE**</b> <b>FRUIT JUICE &amp; MILK</b>	<b>21</b> <b>*WG CEREAL*</b> <b>**WG MUFFIN CHOICE**</b> <b>FRUIT JUICE &amp; MILK</b>	<b>22</b> <b>**CHICKEN SAUSAGE CHEESE ON WG ROLL**</b> <b>*WG CEREAL*</b> <b>**WG MUFFIN CHOICE**</b> <b>FRUIT JUICE &amp; MILK</b>
<b>25</b> <b>MEMORIAL DAY</b>	<b>26</b> <b>*WG CEREAL*</b> <b>**WG MUFFIN CHOICE**</b> <b>FRUIT JUICE &amp; MILK</b>	<b>27</b> <b>*EGG CHEESE ON WG ROLL*</b> <b>*WG CEREAL*</b> <b>**WG MUFFIN CHOICE**</b> <b>FRUIT JUICE &amp; MILK</b>	<b>28</b> <b>*WG CEREAL*</b> <b>**WG MUFFIN CHOICE**</b> <b>FRUIT JUICE &amp; MILK</b>	<b>29</b> <b>*WG PANCAKE AND SAUSAGE STICK &amp; SYRUP**</b> <b>*WG CEREAL WG MUFFIN CHOICE*</b> <b>* FRUITS &amp; MILK*</b>

- **BRASS CITY CHARTER SCHOOL IS AN EQUAL OPPORTUNITY PROVIDER. MENU IS SUBJECT TO CHANGE.**
- **IF YOU HAVE A FOOD ALLERGY: TELL CAFETERIA STAFF BEFORE ORDERING OR SELECTING YOUR MEAL.**
- **REVIEW THE POSTED ALLERGEN INFORMATION AND INGREDIENT LISTS. ASK IF YOU'RE UNSURE ABOUT ANY ITEM.**
- **\*CONTAINS: WHEAT, SOY\*    \*\*CONTAINS: EGGS, MILK, WHEAT, SOY\*\*    \*\*\* CONTAINS MILK\*\*\***