Brass City Charter School

PROVIDING FRESH, HEALTHY MEALS DAILY

K-8 NOVEMBER CYCLE BREAKFAST MENU FOR SY 2026-2027

DAILY SERVINGS:
ALL BREAKFAST OFFERINGS CONSISTS OF 3 MEAL COMPONENTS: WHOLE GRAIN, FRUIT AND MILK
CHOOSE A MINIMUM OF TWO MEAL COMPONENTS INCLUDING ½ CUP FRUIT OR ONE FULL SERVING OF EACH MEAL COMPONENT

- **WG CEREAL WG MUFFIN**
- **2 ITEMS = 1 GRAIN SERVING. TAKE A MINIMUM OF 1 ITEM. A COMBINATION, OR 2 OF THE SAME ITEM**
- **LOW FAT STRING CHEESE OR FAT FREE YOGURT 1 ITEM = ½ SERVING, MAY SUBSTITUTE FOR HALF OF THE GRAIN COMPONENT, WHEN OFFERED.**

- **FRUIT: 100 % JUICE AND ½ cup FRESH OR CUPS**
  - **(2 ITEMS = 1 FRUIT SERVING. MINIMUM 1 ONLY 1 JUICE PER STUDENT)**

- **MILK: 1 CONTAINER= (1 MILK SERVING. CHOICE OF CHOCOLATE FAT FREE OR 1% WHITE)**

2 ****CHICKEN SAUSAGE WAFFLE**** ****WG CEREAL*** ****WG MUFFIN CHOICE**** **FRUIT CUP** **FRUIT JUICE & MILK**	**3** ***WG CEREAL*** ****WG MUFFIN CHOICE**** **FRUIT CUP** **FRUIT JUICE & MILK**	**4** ****EGG CHEESE ON WG ROLL**** ***WG CEREAL*** ****WG MUFFIN CHOICE**** **FRUIT CUP** **FRUIT JUICE & MILK**	**5** ***WG CEREAL*** ****WG MUFFIN CHOICE**** **FRUIT CUP** **FRUIT JUICE & MILK**	**6** ****WG PANCAKE SAUSAGE **** ***WG CEREAL WG MUFFIN CHOICE*** **FRUIT CUP** **FRUIT JUICE & MILK**
9 ****CHICKEN SAUSAGE WAFFLE**** ****WG CEREAL*** ****WG MUFFIN CHOICE**** **FRUIT CUP** **FRUIT JUICE & MILK**	**10** ***WG CEREAL*** ****WG MUFFIN CHOICE**** **FRUIT CUP** **FRUIT JUICE & MILK**	**11** **VETERANS DAY**	**2** ****CHICKEN SA12** ***WG CEREAL*** ****WG MUFFIN CHOICE**** **FRUIT CUP** **FRUIT JUICE & MILK**	**13** ****WG PANCAKE SAUSAGE **** ***WG CEREAL WG MUFFIN CHOICE*** **FRUIT CUP** **FRUIT JUICE & MILK**
16 ****CHICKEN SAUSAGE WAFFLE**** ****WG CEREAL*** ****WG MUFFIN CHOICE**** **FRUIT CUP** **FRUIT JUICE & MILK**	**17** ***WG CEREAL*** ****WG MUFFIN CHOICE**** **FRUIT CUP** **FRUIT JUICE & MILK**	**18** ****EGG CHEESE ON WG ROLL**** ***WG CEREAL*** ****WG MUFFIN CHOICE**** **FRUIT CUP** **FRUIT JUICE & MILK**	**19** ***WG CEREAL*** ****WG MUFFIN CHOICE**** **FRUIT CUP** **FRUIT JUICE & MILK**	**20** ****WG PANCAKE SAUSAGE **** ***WG CEREAL WG MUFFIN CHOICE*** **FRUIT CUP** **FRUIT JUICE & MILK**
23 ****CHICKEN SAUSAGE WAFFLE**** ****WG CEREAL*** ****WG MUFFIN CHOICE**** **FRUIT CUP** **FRUIT JUICE & MILK**	**24** ***WG CEREAL*** ****WG MUFFIN CHOICE**** **FRUIT CUP** **FRUIT JUICE & MILK**	**25** **THANKSGIVING RECESS**	**22** **THANKSGIVING RECESS**	**23** **THANKSGIVING RECESS**
30 ****CHICKEN SAUSAGE WAFFLE**** ****WG CEREAL*** ****WG MUFFIN CHOICE**** **FRUIT CUP** **FRUIT JUICE & MILK**				

- **BRASS CITY CHARTER SCHOOL IS AN EQUAL OPPORTUNITY PROVIDER. MENU IS SUBJECT TO CHANGE.**
- **IF YOU HAVE A FOOD ALLERGY: TELL CAFETERIA STAFF BEFORE ORDERING OR SELECTING YOUR MEAL.**
- **REVIEW THE POSTED ALLERGEN INFORMATION AND INGREDIENT LISTS. ASK IF YOU'RE UNSURE ABOUT ANY ITEM.**
- ***CONTAINS: WHEAT, SOY* **CONTAINS: EGGS, MILK, WHEAT, SOY** *** CONTAINS MILK*****