

Brass City Charter School

PROVIDING FRESH, HEALTHY MEALS DAILY

K-8 NOVEMBER BREAKFAST MENU FOR SY 2025-2026

DAILY SERVINGS: ALL BREAKFAST OFFERINGS CONSISTS OF 3 MEAL COMPONENTS: WHOLE GRAIN, FRUIT AND MILK CHOOSE A MINIMUM OF TWO MEAL COMPONENTS INCLUDING ½ CUP FRUIT OR ONE FULL SERVING OF EACH MEAL COMPONENT				
• WG CEREAL WG MUFFIN, WG GRANOLA, WG GRAHAM CRACKERS • 2 ITEMS = 1 GRAIN SERVING. TAKE A MINIMUM OF 2 AS A COMBINATION OR 2 OF THE SAME ITEM • LOW FAT STRING CHEESE OR FAT FREE YOGURT 1 ITEM = ½ SERVING, MAY SUBSTITUTE FOR HALF OF THE GRAIN COMPONENT, WHEN OFFERED.				
• FRUIT: 100 % JUICE AND ½ cup FRESH OR CUPS ○ (2 ITEMS = 1 FRUIT SERVING. MINIMUM 1 ONLY 1 JUICE PER STUDENT)				
• MILK: 1 CONTAINER= (1 MILK SERVING. CHOICE OF CHOCOLATE FAT FREE OR 1% WHITE)				

3 *WG CEREAL* **WG MUFFIN CHOICE** FRUITS & MILK	4 **EGG CHEESE ON WG ROLL** *WG CEREAL* **WG MUFFIN CHOICE** FRUITS & MILK	5 *WG CEREAL* **WG MUFFIN CHOICE** FRUIT JUICE & MILK	6 **CHICKEN SAUSAGE WAFFLE** **WG CEREAL* **WG MUFFIN CHOICE** FRUITS & MILK	7 *WG CEREAL* **WG MUFFIN CHOICE** FRUITS & MILK
10 **EGG CHEESE ON WG ROLL** *WG CEREAL* **WG MUFFIN CHOICE** FRUITS & MILK	11 VETERANS DAY	12 *WG CEREAL* **WG MUFFIN CHOICE** FRUIT JUICE & MILK	13 **CHICKEN SAUSAGE WAFFLE** **WG CEREAL* **WG MUFFIN CHOICE** FRUITS & MILK	14 *WG CEREAL* **WG MUFFIN CHOICE** FRUITS & MILK
17 *WG CEREAL* **WG MUFFIN CHOICE** FRUITS & MILK	18 **EGG CHEESE ON WG ROLL** *WG CEREAL* **WG MUFFIN CHOICE** FRUITS & MILK	19 *WG CEREAL* **WG MUFFIN CHOICE** FRUIT JUICE & MILK	20 **CHICKEN SAUSAGE WAFFLE** **WG CEREAL* **WG MUFFIN CHOICE** FRUITS & MILK	21 *WG CEREAL* **WG MUFFIN CHOICE** FRUITS & MILK
24 *WG CEREAL* **WG MUFFIN CHOICE** FRUITS & MILK	25 *WG CEREAL* **WG MUFFIN CHOICE** FRUIT JUICE & MILK	26 THANKSGIVING RECESS	27 THANKSGIVING RECESS	28 THANKSGIVING RECESS

- **BRASS CITY CHARTER SCHOOL IS AN EQUAL OPPORTUNITY PROVIDER. MENU IS SUBJECT TO CHANGE.**
- **IF YOU HAVE A FOOD ALLERGY: TELL CAFETERIA STAFF BEFORE ORDERING OR SELECTING YOUR MEAL.**
- **REVIEW THE POSTED ALLERGEN INFORMATION AND INGREDIENT LISTS. ASK IF YOU'RE UNSURE ABOUT ANY ITEM.**
- ***CONTAINS: WHEAT, SOY* **CONTAINS: EGGS, MILK, WHEAT, SOY** *** CONTAINS MILK*****