

Brass City Charter School

PROVIDING FRESH, HEALTHY MEALS DAILY

K-8 MARCH CYCLE BREAKFAST MENU FOR SY 2025-2026

<p>DAILY SERVINGS: ALL BREAKFAST OFFERINGS CONSISTS OF 3 MEAL COMPONENTS: WHOLE GRAIN, FRUIT AND MILK CHOOSE A MINIMUM OF TWO MEAL COMPONENTS INCLUDING 1/2 CUP FRUIT OR ONE FULL SERVING OF EACH MEAL COMPONENT</p>
<ul style="list-style-type: none"> • WG CEREAL WG MUFFIN, WG GRANOLA, WG GRAHAM CRACKERS • 2 ITEMS = 1 GRAIN SERVING. TAKE A MINIMUM OF 2 AS A COMBINATION OR 2 OF THE SAME ITEM • LOW FAT STRING CHEESE OR FAT FREE YOGURT 1 ITEM = 1/2 SERVING, MAY SUBSTITUTE FOR HALF OF THE GRAIN COMPONENT, WHEN OFFERED.
<ul style="list-style-type: none"> • FRUIT: 100 % JUICE AND 1/2 cup FRESH OR CUPS ○ (2 ITEMS = 1 FRUIT SERVING. MINIMUM 1 ONLY 1 JUICE PER STUDENT)
<ul style="list-style-type: none"> • MILK: 1 CONTAINER= (1 MILK SERVING. CHOICE OF CHOCOLATE FAT FREE OR 1% WHITE)

<p>2</p> <p>*WG CEREAL* **WG MUFFIN CHOICE** FRUIT JUICE & MILK</p>	<p>3</p> <p>*WG CEREAL* **WG MUFFIN CHOICE** FRUIT JUICE & MILK</p>	<p>4</p> <p>**EGG CHEESE ON WG ROLL** *WG CEREAL* **WG MUFFIN CHOICE** FRUITS & MILK</p>	<p>5</p> <p>*WG CEREAL* **WG MUFFIN CHOICE** FRUIT JUICE & MILK</p>	<p>6</p> <p>**CHICKEN SAUSAGE WAFFLE** **WG CEREAL* **WG MUFFIN CHOICE** FRUITS & MILK</p>
<p>9</p> <p>**WG PANCAKE SAUSAGE** *WG CEREAL WG MUFFIN CHOICE* * FRUITS & MILK*</p>	<p>10</p> <p>*WG CEREAL* **WG MUFFIN CHOICE** FRUIT JUICE & MILK</p>	<p>11</p> <p>**CHICKEN SAUSAGE WAFFLE** **WG CEREAL* **WG MUFFIN CHOICE** FRUITS & MILK</p>	<p>12</p> <p>*WG CEREAL* **WG MUFFIN CHOICE** FRUIT JUICE & MILK</p>	<p>13</p> <p>*EGG CHEESE ON WG ROLL* *WG CEREAL* **WG MUFFIN CHOICE** FRUIT JUICE & MILK</p>
<p>16</p> <p>**CHICKEN SAUSAGE WAFFLE** **WG CEREAL* **WG MUFFIN CHOICE** FRUITS & MILK</p>	<p>17</p> <p>*WG CEREAL* **WG MUFFIN CHOICE** FRUIT JUICE & MILK</p>	<p>18</p> <p>*EGG CHEESE ON WG ROLL* *WG CEREAL* **WG MUFFIN CHOICE** FRUIT JUICE & MILK</p>	<p>19</p> <p>*WG CEREAL* **WG MUFFIN CHOICE** FRUIT JUICE & MILK</p>	<p>20</p> <p>*WG PANCAKE AND SAUSAGE STICK & SYRUP** *WG CEREAL WG MUFFIN CHOICE* * FRUITS & MILK*</p>
<p>23</p> <p>*WG CEREAL* **WG MUFFIN CHOICE** FRUIT JUICE & MILK</p>	<p>24</p> <p>*WG CEREAL* **WG MUFFIN CHOICE** FRUIT JUICE & MILK</p>	<p>25</p> <p>*EGG CHEESE ON WG ROLL* *WG CEREAL* **WG MUFFIN CHOICE** FRUIT JUICE & MILK</p>	<p>26</p> <p>*WG CEREAL* **WG MUFFIN CHOICE** FRUIT JUICE & MILK</p>	<p>27</p> <p>**CHICKEN SAUSAGE CHEESE ON WG ROLL** *WG CEREAL* **WG MUFFIN CHOICE** FRUIT JUICE & MILK</p>
<p>30</p> <p>*WG PANCAKE AND SAUSAGE STICK & SYRUP** *WG CEREAL WG MUFFIN CHOICE* * FRUITS & MILK*</p>	<p>31</p> <p>*WG CEREAL* **WG MUFFIN CHOICE** FRUIT JUICE & MILK</p>			

- **BRASS CITY CHARTER SCHOOL IS AN EQUAL OPPORTUNITY PROVIDER. MENU IS SUBJECT TO CHANGE.**
- **IF YOU HAVE A FOOD ALLERGY: TELL CAFETERIA STAFF BEFORE ORDERING OR SELECTING YOUR MEAL.**
- **REVIEW THE POSTED ALLERGEN INFORMATION AND INGREDIENT LISTS. ASK IF YOU'RE UNSURE ABOUT ANY ITEM.**
- ***CONTAINS: WHEAT, SOY* **CONTAINS: EGGS, MILK, WHEAT, SOY** *** CONTAINS MILK*****