

Brass City Charter School
PROVIDING FRESH, HEALTHY MEALS DAILY

CYCLE LUNCH MENU DECEMBER 2024-2025

DECEMBER 2024 **DAILY OFFERINGS** **HOT VEGETABLE**FRESH VEGETABLE CHOICE**LOW FAT DRESSINGS AND WG CROUTONS ** **FRUIT ASSORTMENT**CHOICE OF FAT FREE FLAVORED MILK OR 1% LOW FAT WHITE MILK** **DAILY ALTERNATE MEAL SELECTION ** **YOGURT GRANOLA FRUIT ENTRÉE**HUMMUS WG CRACKERS VEGETABLE ENTRÉE** **CHEESE SANDWICH ON WG ROLL**SOY BUTTER SANDWICH ON WG ROLL** TURKEY CHEESE ON WG ROLL**VEGGIE PATTY ON WG ROLL** **				
2 BBQ CHICKEN W/G ROLL CARROTS FRESH FRUIT & VEGETABLES MILK	3 WG PIZZA BROCCOLI FRESH FRUIT MILK	4 WG BROWN RICE BEANS CHICKEN CHEESE TACO FRESH FRUIT & VEGETABLES MILK	5 WG PASTA MEATBALLS MARINARA WG ROLL FRESH FRUIT & VEGETABLES MILK	6 WG POPCORN CHICKEN POTATO WEDGES WG ROLL FRESH FRUIT & VEGETABLES MILK
9 TURKEY CHILI BEANS WG CHIPS & CHEESE FRESH FRUIT & VEGETABLE MILK	10 WG PIZZA BITES MARINARA DIPPING SAUCE FRESH FRUIT MILK	11 W/G FRENCH TOAST TURKEY SAUSAGE PATTY CORN FRESH FRUIT & VEGETABLE MILK	12 CHICKEN CAESAR SALAD WG CROUTONS FRESH FRUIT MILK	13 CHEESEBURGER ON W/G ROLL POTATO WEDGES KETCHUP FRESH FRUIT MILK
16 WG POPCORN CHICKEN POTATO WEDGES WG ROLL FRESH FRUIT & VEGETABLES MILK	17 WG PIZZA BITES MARINARA DIPPING SAUCE FRESH FRUIT & VEGETABLES MILK	18 WG BROWN RICE BEANS CHICKEN CHEESE TACO FRESH FRUIT & VEGETABLES MILK	19 WG PASTA MEATBALLS MARINARA WG ROLL FRESH FRUITFRESH FRUIT & VEGETABLES MILK	20 BBQ CHICKEN W/G ROLL CARROTS FRESH FRUIT & VEGETABLES MILK

STUDENT SCHOOL LUNCH CONSISTS OF 5 MEAL COMPONENTS: MEAT/MEAT ALTERNATE, GRAIN, FRUIT, VEGETABLE AND MILK. STUDENTS CHOOSE A MINIMUM OF 3: INCLUDING 1/2 CUP FRUIT OR 3/4 CUP VEGETABLE AND IN ADDITION AT LEAST 2 MORE DIFFERENT COMPONENTS. FOR BEST NUTRITION WE ENCOURAGE CHOOSING ALL 5! SPECIAL DIET ACCOMMODATIONS. BRASS CITY CHARTER SCHOOL IS AN EQUAL OPPORTUNITY PROVIDER. MENU IS SUBJECT TO CHANGE. W/G=WHOLE GRAIN FOOD ITEM; MILK CHOICES= 1% WHITE MILK OR FLAVORED FAT FREE MILK.