

Brass City Charter School
PROVIDING FRESH, HEALTHY MEALS DAILY

K-8 CYCLE LUNCH MENU FEBRUARY 2024-2025

****DAILY ALTERNATE OFFERINGS****

****HOT VEGETABLE** FRESH VEGETABLE CHOICE ** FRUIT ASSORTMENT
 CHOICE OF FAT FREE FLAVORED MILK OR 1% LOW FAT WHITE MILK
 DAILY ALTERNATE MEAL SELECTION **

****YOGURT GRANOLA FRUIT ENTRÉE** HUMMUS WG CRACKERS VEGETABLE ENTRÉE**
 CHEESE SANDWICH ON WG ROLL SOY BUTTER SANDWICH ON WG ROLL** TURKEY CHEESE ON WG ROLL** VEGGIE PATTY
 ON WG ROLL**
 LOW SODIUM, LOW FAT AND FAT FREE ACCOMPANYING SAUCES**

3 CHEESEBURGER ON W/G ROLL POTATO WEDGES FRUIT FRESH VEGETABLE CHOICE MILK	4 WG PIZZA BROCCOLI FRUIT FRESH VEGETABLE CHOICE MILK	5 W/G FRENCH TOAST TURKEY SAUSAGE PATTY CORN FRUIT FRESH VEGETABLE CHOICE MILK	6 MEATBALL MARINARA FRUIT FRESH VEGETABLE CHOICE MILK	7 WG POPCORN CHICKEN BEANS WG ROLL FRUIT FRESH VEGETABLE CHOICE MILK
10 TURKEY CHILI BEANS WG CHIPS FRUIT FRUIT FRESH VEGETABLE CHOICE MILK	11 PIZZA BITES TOMATO DIPPING SAUCE GREEN BEANS FRUIT MILK	12 BBQ CHICKEN W/G ROLL SWEET POTATO FRUIT FRESH VEGETABLE CHOICE MILK	13 CHEESEBURGER ON W/G ROLL POTATO WEDGES FRUIT FRESH VEGETABLE CHOICE MILK	14 CHICKEN CAESAR SALAD WG WG ROLL FRUIT FRESH VEGETABLE CHOICE MILK
17 SCHOOL CLOSED PRESIDENTS DAY OBSERVED	18 SCHOOL CLOSED PRESIDENTS DAY OBSERVED	19 WG PIZZA BROCCOLI FRUIT FRESH VEGETABLE CHOICE MILK	20 WG PASTA MEATBALLS MARINARA FRUIT FRESH VEGETABLE CHOICE MILK	21 WG POPCORN CHICKEN MASHED POTATOES FRUIT FRESH VEGETABLE CHOICE MILK
24 W/G FRENCH TOAST TURKEY SAUSAGE PATTY CORN FRUIT FRESH VEGETABLE CHOICE MILK	25 WG PIZZA BROCCOLI FRUIT MILK	26 WG BROWN RICE BEANS TURKEY CHEESE TACO BAR FRUIT FRESH VEGETABLE CHOICE MILK	27 CHEESEBURGER ON W/G ROLL POTATO WEDGES FRUIT FRESH VEGETABLE CHOICE MILK	28 TURKEY CHEESE ON WG ROLL FRUIT FRESH VEGETABLE CHOICE MILK

- STUDENT SCHOOL LUNCH CONSISTS OF 5 MEAL COMPONENTS: MEAT/MEAT ALTERNATE, GRAIN, FRUIT, VEGETABLE AND MILK.
- STUDENTS CHOOSE A MINIMUM OF 3: INCLUDING 1/2 CUP FRUIT OR 3/4 CUP VEGETABLE AND IN ADDITION AT LEAST 2 MORE DIFFERENT COMPONENTS. FOR BEST NUTRITION WE ENCOURAGE CHOOSING ALL 5!
- SPECIAL DIET ACCOMMODATIONS. BRASS CITY CHARTER SCHOOL IS AN EQUAL OPPORTUNITY PROVIDER.
- MENU IS SUBJECT TO CHANGE. W/G=WHOLE GRAIN FOOD ITEM; MILK CHOICES= 1% WHITE MILK OR FLAVORED FAT FREE