

# Brass City Charter School

## PROVIDING FRESH, HEALTHY MEALS DAILY

# K-8 CYCLE LUNCH MENU APRIL 2024-2025

### \*\*DAILY ALTERNATE OFFERINGS\*\*

\*\*HOT VEGETABLE\*\* FRESH VEGETABLE CHOICE \*\*FRUIT\*\* CHOICE OF FAT FREE FLAVORED MILK OR 1% LOW FAT WHITE MILK \*\*

### \*\*DAILY ALTERNATE MEAL SELECTION \*\*

\*\*YOGURT WG GRANOLA FRUIT ENTRÉE\*\* HUMMUS WG CRACKERS VEGETABLE ENTRÉE \*\*CHEESE SANDWICH ON WG ROLL\*\*  
 \*\*SOY BUTTER SANDWICH ON WG ROLL\*\* TURKEY CHEESE ON WG ROLL \*\*VEGGIE PATTY ON WG ROLL \*\*WG CHEESE PIZZA \*\*  
 \*\*LOW SODIUM, LOW FAT OR FAT FREE DIPPING SAUCES\*\*

31 BAKED POTATO CHICKEN WG ROLL BROCCOLI FRUIT FRESH VEGETABLE MILK	1 PIZZA BITES TOMATO DIPPING SAUCE GREEN BEANS FRUIT MILK	2 MEATBALL MARINARA ON WG ROLL FRUIT FRESH VEGETABLES MILK	3 TURKEY CHILI BEANS WG CHIPS FRUIT FRESH VEGETABLES MILK	4 WG POPCORN CHICKEN MASHED POTATO WG ROLL FRUIT FRESH VEGETABLES MILK
7 CHEESEBURGER ON W/G ROLL POTATO WEDGES FRUIT FRESH VEGETABLES MILK	8 TURKEY CHEESE ON WG ROLL FRUIT FRESH VEGETABLE MILK	9 WG BROWN RICE BEANS TURKEY CHEESE WG TACO FRUIT FRESH VEGETABLES MILK	10 W/G FRENCH TOAST TURKEY SAUSAGE PATTY CORN FRUIT FRESH VEGETABLES MILK	11 CHICKEN CAESAR SALAD WG ROLL FRUIT FRESH VEGETABLES MILK
17 <b>SPRING RECESS</b>	18 <b>SPRING RECESS</b>	19 <b>SPRING RECESS</b>	20 <b>SPRING RECESS</b>	21 <b>SPRING RECESS</b>
21 W/G FRENCH TOAST TURKEY SAUSAGE PATTY CORN FRUIT FRESH VEGETABLES MILK	22 PIZZA BITES TOMATO DIPPING SAUCE GREEN BEANS FRUIT MILK	23 CHEESEBURGER ON W/G ROLL POTATO WEDGES FRUIT FRESH VEGETABLES MILK	24 WG BROWN RICE BEANS TURKEY CHEESE WG TACO FRUIT FRESH VEGETABLES MILK	25 CHICKEN CAESAR SALAD WG ROLL FRUIT FRESH VEGETABLES MILK
28 BBQ CHICKEN W/G ROLL SWEET POTATO FRUIT FRESH VEGETABLES MILK	29 TURKEY CHEESE ON WG ROLL FRUIT FRESH VEGETABLE MILK	30 TURKEY CHILI BEANS WG CHIPS FRUIT FRESH VEGETABLES MILK	1 PASTA MEATBALL MARINARA FRUIT FRESH VEGETABLES MILK	2 WG POPCORN CHICKEN MASHED POTATO WG ROLL FRUIT FRESH VEGETABLES MILK

- STUDENT SCHOOL LUNCH CONSISTS OF 5 MEAL COMPONENTS: MEAT/MEAT ALTERNATE, GRAIN, FRUIT, VEGETABLE AND MILK.
- STUDENTS CHOOSE A MINIMUM OF 3: INCLUDING 1/2 CUP FRUIT OR 3/4 CUP VEGETABLE AND IN ADDITION AT LEAST 2 MORE DIFFERENT COMPONENTS. FOR BEST NUTRITION WE ENCOURAGE CHOOSING ALL 5!
- SPECIAL DIET ACCOMMODATIONS. BRASS CITY CHARTER SCHOOL IS AN EQUAL OPPORTUNITY PROVIDER.
- MENU IS SUBJECT TO CHANGE. W/G=WHOLE GRAIN FOOD ITEM; MILK CHOICES= 1% WHITE MILK OR FLAVORED FAT FREE