

## INSTRUCTIONS FOR COMPETITORS USING THE VHF

1. **BOAT NOTIFYING THE RACE COMMITTEE WHEN CROSSING THE FINISH LINE IN THE DARK** – use VHF channel 08 (range 3 nautical miles)

RACE COMMITTEE, RACE COMMITTEE, RACE COMMITTEE  
THIS IS “BOAT NAME” (3 TIMES), SAIL NO  
TAKES FINISH

EXAMPLE:

*RACE COMMITTEE, RACE COMMITTEE, RACE COMMITTEE  
THIS IS MERION, MERION, MERION, EST400  
TAKES FINISH*

2. **COMPETING BOAT IS RETIRING FROM THE RACE** – use VHF channel 77

RACE COMMITTEE, RACE COMMITTEE, RACE COMMITTEE  
THIS IS “BOAT NAME” (3 TIMES), SAIL NO  
BOAT RETIRING THIS RACE, THE REASON FOR RETIRING THE RACE IS... NEED/DO  
NOT NEED ASSISTANCE.

**NEEDS A CONFIRMATION FROM THE RACING COMMITTEE**

EXAMPLE:

*RACE COMMITTEE, RACE COMMITTEE, RACE COMMITTEE  
THIS IS MARU, MARU, MARU, EST314  
RETIRING FROM THE RACE, THE REASON FOR RETIRING: OUR MAST HAS  
BROKEN, WE DO NOT NEED ASSISTANCE.*

**NEEDS A CONFIRMATION FROM THE RACING COMMITTEE**

3. **COMPETING BOAT NEEDS ASSISTANCE** – use VHF channel 77 (except distress alert sent out with DSC or on channel 16 „Mayday, Mayday, Mayday“)

PANPAN, PANPAN, PANPAN  
RACE COMMITTEE, RACE COMMITTEE, RACE COMMITTEE  
THIS IS “BOAT NAME” (3 TIMES), SAIL NO  
BOAT NEEDS FOLLOWING ASSISTANCE: ...

**NEEDS A CONFIRMATION FROM THE RACING COMMITTEE**

EXAMPLE:

*PANPAN, PANPAN, PANPAN  
RACE COMMITTEE, RACE COMMITTEE, RACE COMMITTEE  
THIS IS SIRIUS, SIRIUS, SIRIUS, EST1000  
BOAT NEEDS TOWING ASSISTANCE.*

**NEEDS A CONFIRMATION FROM THE RACING COMMITTEE**