

AIRNIVOL RETAINERS PROTOCOL

AirNivol recommends wearing the retainers during the months following the treatment, to preserve the alignment of the teeth. The retainers must be worn in accordance with the following protocol:

- for the first 2 months it is important to wear the retainers for about 22 hours a day;
- in the following 2 months the patient can wear the retainers for 18 hours a day;
- in the following period, the patient must wear the retainers only at night, then only a few nights in the week, according to the doctor's prescription.

