



Spominčica
Alzheimer Slovenija

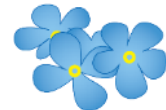


21 YEARS OF SPOMINČICA

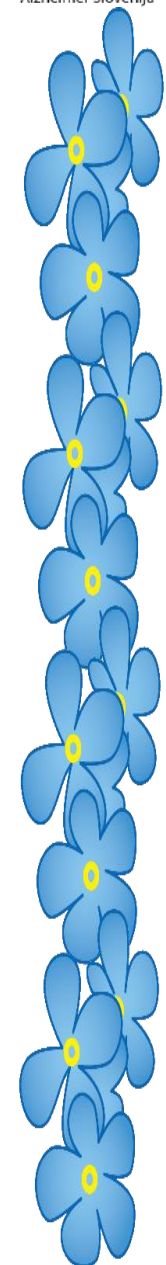
ŠTEFANIJA L. ZLOBEC,
president of Spominčica

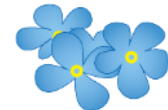
www.spomincica.si

info@spomincica.si

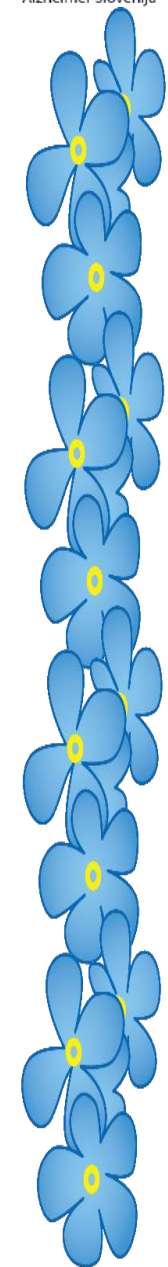


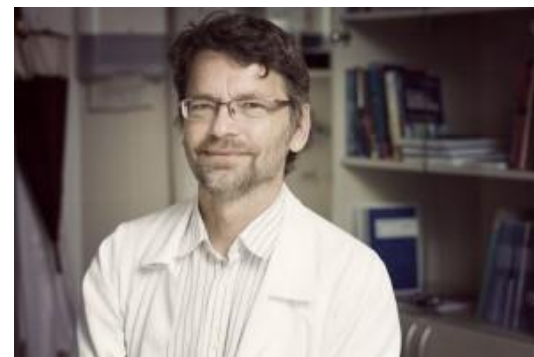
LAKE BLEED





GEOSTRATEGIC LOCATION OF SLOVENIA

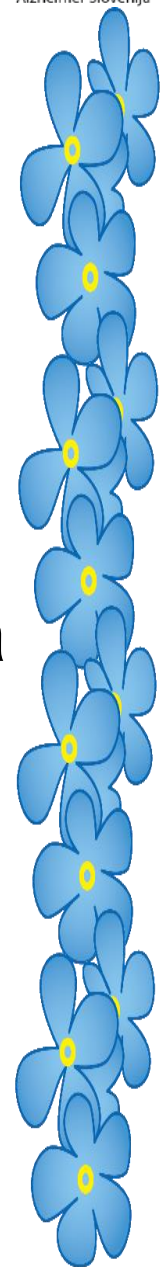




ALZHEIMER SLOVENIJA

20 years anniversary in October 2017, inter. Conference in Terme Čatež

- **Established in 1997** by dr. **Aleš Kogoj**, psychiatrist
- **GOAL:** help for **carers and persons with dementia**
- **SPOMINČICA** is widely spread with **10 branches** and many **self-help groups** in almost every nursing home in Slovenia
- Office in Ljubljana, 8 employees and 5 volunteers, office opening hours 8.30 – 17.00



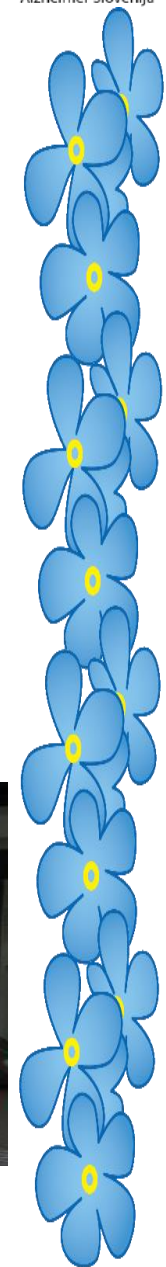
ALZHEIMER SLOVENIJA - ACTIVITIES

- Telephone help-line from **1999** – from 9.00 to 15.00
- Training program for carers „Forget me not“ from **1999**
- Personal counselling for carers
- The magazine **Spominčica** from **2000** – 29.000 copies as a supplement of well known magazine



ALZHEIMER SLOVENIJA - ACTIVITIES

- **Self-help groups** for carers from **1999** – all around Slovenia
- **Alzheimer Cafes** from **2012**, more than 160 in Slovenia
- **Dementia Friendly Spots (DFS)** from **2017**



SPOMINČICA, member of AE and ADI

- In 2012 full membership of **AE** at Vienna congress
- In 2013 full membership of **Mediterranean Alzheimer Alliance**
- In 2014 full membership of **ADI** in Puerto Rico as 84th state
- Mr. **Tomaž Gržinič** member of EWGPWD, president of Slovenian working group of PwD



25th Alzheimer Europe Conference
Dementia: putting strategies and research into practice
Ljubljana, Slovenia / 2-4 September 2015



Welcome



2-4 September 2015

**25th AE conference was under auspices
of the President of Slovenia, Borut Pahor**



25th Alzheimer Europe Conference

- Spominčica was co-organizer of 25th Conference in Ljubljana
- More than **600 delegates** from 45 countries
- From Slovenia **133 delegates** (specialists from neurology, psychiatrists, policy makers, pharmacists...)
- We hosted MAA Conference at the same time



SLOVENIAN DEMENTIA STRATEGY

- **ADI and AE give us support and information to start and prepare DEMENTIA STRATEGY.**
- **In 2009** the proposal from Spominčica (Aleš Kogoj) has been given to the Slovenian parliament.
- **In January 2010** Minister of the health by decree established the **Dementia working group** of 10 experts of dementia.
- **In 2015** the STRATEGY was finished and given in **public debate.**



SLOVENIAN DEMENTIA STRATEGY

- **In May 2016** the Strategy was adopted, started in 2009
- **In June 2016** the Minister of Health nominated representatives for the **Action Plan**



DEMENTIA MANAGEMENT STRATEGY IN SLOVENIA UNTIL 2020

- Focusing on **main goals**:
 1. Timely diagnosis of the disease
 2. Access to treatment and antidementia therapy
 3. Coordinated support for persons with dementia, their families and carers
 4. To raise awareness and reduce stigma about dementia



WHO adopted in May 2017



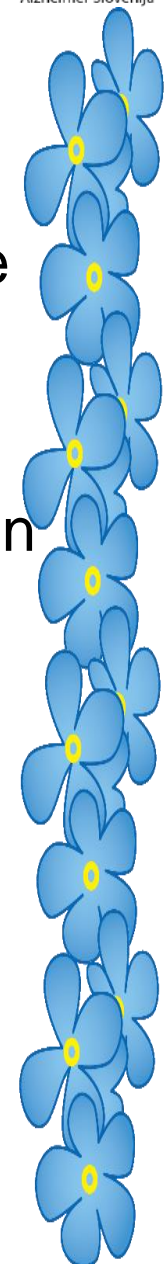
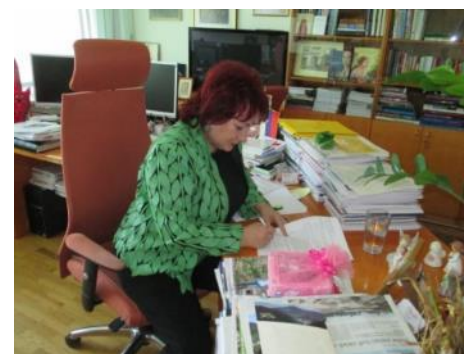
Global Action Plan on the Public Health response to dementia 2017 – 2025

- From 194 members 27 adopted strategy, including Slovenia



DEMENTIA – PRIORITY OF PUBLIC HEALTH

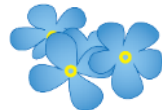
- In 2014 on suggestion of **Spominčica** all 8 MEP's sign the Alzheimer Europe pledge that dementia becomes **A PRIORITY OF PUBLIC HEALTH**
- In 2014 MEP's became **members of Alzheimer Alliance** in European Parliament on suggestion of Spominčica
- In 2015 the **Glasgow declaration** was signed by:
 - Minister of Health
 - Minister of Social Affairs
 - Ombudsman Vlasta Nussdorfer
 - Mayor of Ljubljana
 - Neurologists, psychiatrists and others



DEMENTIA STRATEGY – IMPLEMENTATION – ACTION PLAN, June, 2018

- In July 2017 the Ministry of Health issued **Call for Dementia education programmes (regional) for professionals and carers in whole Slovenia** (September 2017 – November 2018)
- The **goals** of the project is to
 - **trainings** for **GPs and formal and informal carers**
 - include local communities in education programmes
 - include employees of Health Care Institutions
 - raise awareness about dementia and reduce the stigma

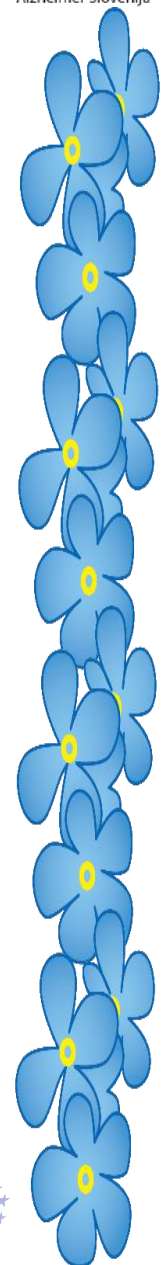




DEMENTIA STRATEGY – IMPLEMENTATION

Dementia education programmes

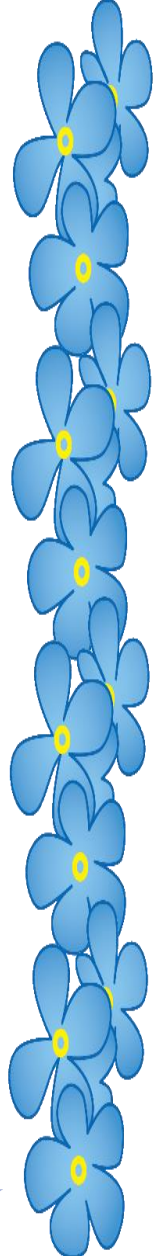
- A. Programme for professionals (2) – education of medical personnel**
- B. Programme for formal and informal carers (5) – workshops and trainings in all Slovenian regions (12), Spominčiča consortium - 7 partners: Ormož, DSO N.G., zdr. center Izola, nevrolog psihiater**
 - informal carers (families), general public
 - formal carers: Centres for Social Work, Nursing Homes, Day Activity Centres
- **Spominčica: leading one programme and partner in two others**



Dementia Friendly Spots (DFS)



- In 2016 start with preparations for Dementia Friendly Spots
- First DFS opened in July 2017 with Vlasta Nussdorfer, Human Rights Ombudsman
- Organisations showed great interest for DFS
- Current number of DFS: **more than 55**
- In public places: **nursing homes, community health centres, social work centres, adult education centres, Red Cross offices, libraries, intergenerational centres**



DEMENTIA FRIENDLY SPOTS

- **Organization shows the interest for DFS at Spominčica**
- Employees at DFS **trained to offer information, guidelines, help and support** to persons with dementia, their carers and others, who seek particular information on dementia.
- DFS organisation becomes **responsible for** sharing knowledge and experience on dementia in the local community.
- **Public workers: policemen, fireworkers, pharmacists, staff at shops, banks, post offices,...**



DEMENTIA FRIENDLY SPOTS



- **Target groups:**
 - persons with dementia,
 - family carers and
 - public in local communities (police, shops, banks, hospitals, etc.)



DEMENTIA FRIENDLY SPOTS

- Goal of DFS:
 - information,
 - help and support,
 - direction (where to go for information, support, diagnosis)



With all the activities, Spominčica protects the **dignity** and **human rights** of people with dementia and their carers, **raises awareness** on dementia and **helps build a dementia friendly society!**

The Law Long term care has to be adopted!

More support for PwD and their carers, living at home!

Enhancing quality of life



"DEMENTIA - PRIORITY OF SLOVENIAN SOCIETY"

ASK 2018

Ljubljana, 28. and 29. september 2018



 Spominčica
ALZHEIMER SLOVENIJA

ALZHEIMER SLOVENIA CONFERENCE 2018

Ljubljana, 28. - 29. September

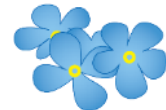
DEMENTIA – PRIORITY OF
SLOVENIAN SOCIETY

WELCOME!



Spominčica
Alzheimer Slovenija





SLOVENIAN COASTLINE - PIRAN BAY

