

Week of Natural Building

June, 25. – 29. in Hobukooli Park, Estonia

5 days of international meeting for people with practical interest in natural building.



The Venue

Equilibre NGO is a social enterprise created 10 years ago to develop two main fields:

- Natural building and Sustainable Lifestyle
- Equine Assisted Counseling and Therapy

Both branches support and complement each other. Introducing and practicing two fields at the same place raises interest in a greater number of people and provides therapeutic atmosphere for all activities through natural surroundings and close contact with animals.

Hobukooli Park is located in the middle of Estonia, 1h drive from most of the bigger cities. Natural environment provides retreat and rejoins human and nature.

With last 10 years the area of Hobukooli Park has been slowly growing. The Park has been planned and built according to Permaculture Principles. Today there are 30 hectares of land, private forest routes and big pastures for horses, also several ongoing projects to improve the facilities. All houses are from natural materials, mostly from straw, clay and reused wood. Practical environmental education for pupils, students and teachers has been provided in Park over last 10 years.



**Strawbale seminar house, 100 m2 of floor area*



**Outdoor kitchen with friendly company*

Project activities in June

1. Plastering workshop

There will be a step by step learning of earth plastering. We work with local clay materials, we will render curvy walls and will be modelling relief elements.



**Small strawbale house and big strawbale house in progress.*

2. Design workshop with clay

We will get deeper understanding of design with clay indoors, using local clay and fibres.

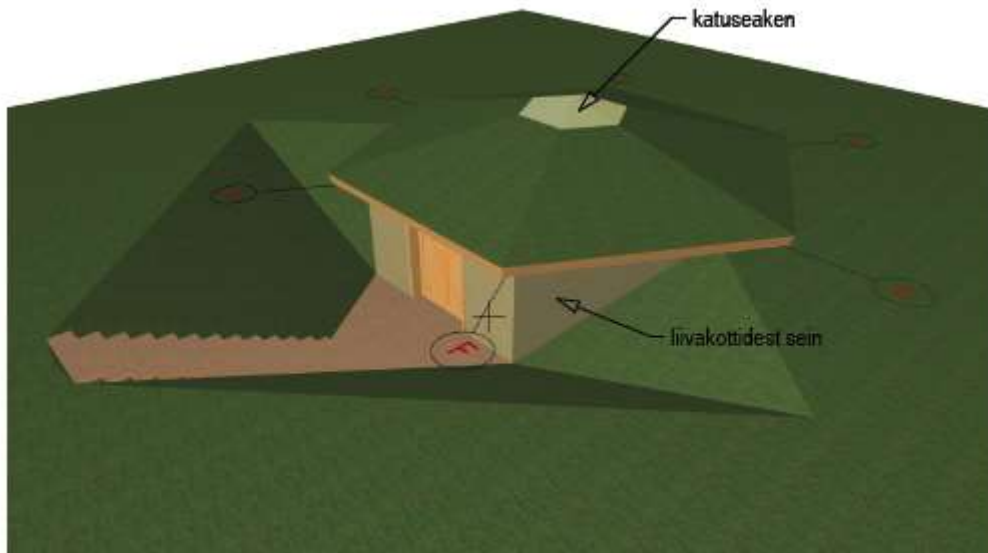


**Second floor of wooden sauna house, where we work with finishing coats of clay plasters.*

3. Building a Gaia Temple

In this workshop we will construct an underground roundhouse from sandbags.

The house will be used for sharing circles and celebrations.



Schedule

From Monday to Friday, 25 to 29 of June.

<i>Time</i>	<i>Activity</i>	<i>Location</i>	<i>Outcomes</i>
<i>Mornings</i>	Breakfast, Morning circle	Seminar House	New energy
<i>1st half of the day</i>	Practical workshop	In 3 locations, all in the Park	New knowledge
<i>Lunch time</i>	Eat and rest	Seminar House	Balancing energies
<i>2nd half of the day</i>	Practical workshop	In 3 locations, all in the Park	New knowledge
<i>Evening time</i>	Dinner and rest time	Seminar House and the Park	Balancing energies

*Yoga practice will be provided before breakfast. Workshops will be provided for smaller groups and groups are rotating every day. There will be different activities offered during the evening time - bicycle tour to next village; concert evening with bonfire; midnight labyrinth walk; sauna evening, communication with horses etc.

Accommodation

There are 3 different houses where we have 4+4+7 beds (15 in total) and you should bring your own sleeping bags. There will be area for tents also and outdoor showers next to sauna.



**Sleeping places in clay buildings.*

Sven Aluste

Organizer, natural builder

Equilibre NGO

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