

**Lecture plan, first year
Sept 2024 – May 2025**

Nr	Subject	Lecturer	Time	Teaching language/place
I New Beginnings				
			21.-22. SEPT	English/Tallinn
21.09	Introductory round	All lecturers available	10.00-12.30	
21.09	Introduction to the spirit of the training	M. Luik, H. Reiljan, K. Noschis	13:30-14.45	
21.09	Symbolic understanding: New beginnings	G. Tricarico	15:00-17:30	
22.09	Dream matrix		10:00-11:00	
22.09	Symbolic understanding: New beginnings	G. Tricarico	11.15-13.30 15.00-17.00	
22.09	Final discussion		17:05-17:30	
II Fundamentals of Analytical Psychology : Complexes				
			12.-13. OCT	Finnish and Estonian/ Separately in 2 groups: in Tallinn and in Helsinki
12.10	Introductory round		10.15-11.00	
12.10	Fundamentals: Complexes	E.Espenberg/K.Noschis	11.15-13.30 14.30-17.30	
13.10	Dream matrix		10.15-11.15	
13.10	Fundamentals: Complexes	E.Espenberg/K. Noschis	11.30-13.30	
13.10	Practicing psychotherapeutic skills	H. Reiljan/K. Noschis	14.30-16.30	
13.10	Final discussion		16.35-17.00	

III Clinical Application : Trauma and it's Effects				English/Tallinn
			16.-17. NOV	
16.11	Introductory round		10.15-11.00	
16.11	Clinical application: Trauma and it's effects	M. Luik	11.15-13.30 14.30-17.30	
17.11	Dream matrix		10.15-11.15	
17.11	Clinical application: Trauma and it's effects	M. Luik	11.30-13.30	
17.11	Group supervison	A. Maar	14.30-16.30	
17.11	Final discussion		16.35-17.00	
IV Fundamentals of Analytical Psychology: Psychic Energy				English/Tallinn
			7.-8. DEC	
7.12	Introductory round		10.15-11.00	
7.12	Fundamentals: Psychic Energy	R. Juzulenaite	11.15-13.30 14.30-17.30	
8.12	Dream matrix		10.15-11.15	
8.12	Fundamentals: Psychic Energy	R. Juzulenaite	11.30-13.30	
8.12	Practicing psychotherapeutic skills	H. Reiljan	14.30-16.30	
8.12	Final discussion		16.35-17.00	
V Fundamentals of Psychiatry and Psychopathology				English/Tallinn
			17.-19.01	
17.01.	Introductory round		10.15-11.00	
17.01.	Fundamentals of Psychiatry and Psychopathology	P. Varmann	11.15-13.30 14.30-17.30	
18.01.	Fundamentals of Psychiatry and Psychopathology	P. Varmann	10.15-13.30	

			14.30-17.30	
19.01.	Dream matrix		10.15-11.15	
19.01.	Fundamentals of Psychiatry and Psychopathology	P. Varmann	11.30-13.30	
19.01.	Group supervision	A. Maar	14.30-16.30	
19.01.	Final discussion		16.35-17.00	
VI Fundamentals of Analytical Psychology : Symbol and Transcendent Function, History of Analytical Psychology				English/Tallinn with the possibility of the first day separately
			14-16. FEB	
14.02.	Introductory round		10.15-11.00	
14.02	History of analytical psychology (hybrid session)	A. Haaning	11.15-13.30	
			14.30-17.30	
15.02	Fundamentals: symbol formation and transcendent function	G. Tricarico	10.15-13.30	
			14.30-17.30	
16.02.	Dream matrix		10.15-11.15	
16.02.	Fundamentals: symbol formation and transcendent function	G. Tricarico	11.30-13.30	
16.02.	Practicing psychotherapeutic skills	H. Reiljan	14.30-16.30	
16.02.	Final discussion		16.35-17.00	
VII History of Analytical Psychology, Analytical Psychology Today				English/Tallinn
			15.-16. MARCH	
15.03	Introductory round		10.15-11.00	
15.03	History of analytical psychology (hybrid session)	A. Haaning	11.15-13.30	
			14.30-17.30	
16.03	Dream matrix		10.15-11.15	

16.03	Different schools in analytical psychology	K. Noschis	11.30-13.30	
			14.30-16.30	
16.03	Final discussion		16.35-17.00	
VIII Developmental Psychology				Retreat outside of Tallinn
			16.-18. MAY	
16.05	Introductory round		11.15-12.00	
16.05	Lunch		12.15-13.15	
16.05	Developmental psychology: Attachment theory	E. Espenberg	13.30-17.15	English
16.05	Dinner		17.30-18.30	
16.05	Review of the first training year		18.30-19.30	
17.05	Developmental psychology: Psychoanalytic understanding, Object relations	S. Sammelselg	9.30-12.45	Estonian/English
17.05	Lunch		13.00-14.00	
17.05	Developmental psychology: Psychoanalytic understanding, Object relations	S. Sammelselg	14.15-17.15	
17.05	Dinner		17.30-18.30	
17.05	Movie screening (if wished)		19.00-21.30	
18.05	Dream matrix		10.00-11.00	
18.05	Introduction to infant observation	S. Sammelselg	11.15-12.45	
18.05	Lunch		13.00-14.00	
18.05	Group supervision	A. Maar	14.00-16.00	
18.05	Final discussion		16.00-16.30	