

**Lecture plan, first year  
Sept 2024 – May 2025**

Nr	Subject	Lecturer	Time	Teaching language/place
<b>I New Beginnings</b>				
			<b>21.-22. SEPT</b>	English/Tallinn
<b>21.09</b>	Introductory round	All lecturers available	10.00-12.30	
<b>21.09</b>	Introduction to the spirit of the training	M. Luik, H. Reiljan, K. Noschis	13:30-14.45	
<b>21.09</b>	Symbolic understanding: New beginnings	G. Tricarico	15:00-17:30	
<b>22.09</b>	Dream matrix		10:00-11:00	
<b>22.09</b>	Symbolic understanding: New beginnings	G. Tricarico	11.15-13.30 15.00-17.00	
<b>22.09</b>	Final discussion		17:05-17:30	
<b>II Fundamentals of Analytical Psychology : Complexes</b>				
			<b>12.-13. OCT</b>	Finnish and Estonian/ Separately in 2 groups: in Tallinn and in Helsinki
<b>12.10</b>	Introductory round		10.15-11.00	
<b>12.10</b>	Fundamentals: Complexes	E.Espenberg/K.Noschis	11.15-13.30 14.30-17.30	
<b>13.10</b>	Dream matrix		10.15-11.15	
<b>13.10</b>	Fundamentals: Complexes	E.Espenberg/K. Noschis	11.30-13.30	
<b>13.10</b>	Practicing psychotherapeutic skills	H. Reiljan/K. Noschis	14.30-16.30	
<b>13.10</b>	Final discussion		16.35-17.00	

<b>III Clinical Application : Trauma and it's Effects</b>				English/Tallinn
			<b>16.-17. NOV</b>	
<b>16.11</b>	Introductory round		10.15-11.00	
<b>16.11</b>	Clinical application: Trauma and it's effects	M. Luik	11.15-13.30 14.30-17.30	
<b>17.11</b>	Dream matrix		10.15-11.15	
<b>17.11</b>	Clinical application: Trauma and it's effects	M. Luik	11.30-13.30	
<b>17.11</b>	Group supervison	A. Maar	14.30-16.30	
<b>17.11</b>	Final discussion		16.35-17.00	
<b>IV Fundamentals of Analytical Psychology: Psychic Energy</b>				English/Tallinn
			<b>7.-8. DEC</b>	
<b>7.12</b>	Introductory round		10.15-11.00	
<b>7.12</b>	Fundamentals: Psychic Energy	R. Juzulenaite	11.15-13.30 14.30-17.30	
<b>8.12</b>	Dream matrix		10.15-11.15	
<b>8.12</b>	Fundamentals: Psychic Energy	R. Juzulenaite	11.30-13.30	
<b>8.12</b>	Practicing psychotherapeutic skills	H. Reiljan	14.30-16.30	
<b>8.12</b>	Final discussion		16.35-17.00	
<b>V Fundamentals of Psychiatry and Psychopathology</b>				English/Tallinn
			<b>17.-19.01</b>	
<b>17.01.</b>	Introductory round		10.15-11.00	
<b>17.01.</b>	Fundamentals of Psychiatry and Psychopathology	P. Varmann	11.15-13.30 14.30-17.30	
<b>18.01.</b>	Fundamentals of Psychiatry and Psychopathology	P. Varmann	10.15-13.30	

			14.30-17.30	
<b>19.01.</b>	Dream matrix		10.15-11.15	
<b>19.01.</b>	Fundamentals of Psychiatry and Psychopathology	P. Varmann	11.30-13.30	
<b>19.01.</b>	Group supervision	A. Maar	14.30-16.30	
<b>19.01.</b>	Final discussion		16.35-17.00	
<b>VI Fundamentals of Analytical Psychology : Symbol and Transcendent Function, History of Analytical Psychology</b>				English/Tallinn with the possibility of the first day separately
			<b>14-16. FEB</b>	
<b>14.02.</b>	Introductory round		10.15-11.00	
<b>14.02</b>	History of analytical psychology (hybrid session)	A. Haaning	11.15-13.30	
			14.30-17.30	
<b>15.02</b>	Fundamentals: symbol formation and transcendent function	G. Tricarico	10.15-13.30	
			14.30-17.30	
<b>16.02.</b>	Dream matrix		10.15-11.15	
<b>16.02.</b>	Fundamentals: symbol formation and transcendent function	G. Tricarico	11.30-13.30	
<b>16.02.</b>	Practicing psychotherapeutic skills	H. Reiljan	14.30-16.30	
<b>16.02.</b>	Final discussion		16.35-17.00	
<b>VII History of Analytical Psychology, Analytical Psychology Today</b>				English/Tallinn
			<b>15.-16. MARCH</b>	
<b>15.03</b>	Introductory round		10.15-11.00	
<b>15.03</b>	History of analytical psychology (hybrid session)	A. Haaning	11.15-13.30	
			14.30-17.30	
<b>16.03</b>	Dream matrix		10.15-11.15	

<b>16.03</b>	Different schools in analytical psychology	K. Noschis	11.30-13.30	
			14.30-16.30	
<b>16.03</b>	Final discussion		16.35-17.00	
<b>VIII Developmental Psychology</b>				Retreat outside of Tallinn
			<b>16.-18. MAY</b>	
<b>16.05</b>	Introductory round		11.15-12.00	
<b>16.05</b>	Developmental psychology: Attachment theory	E. Espenberg	12.15-18.00	English
<b>17.05</b>	Developmental psychology: Psychoanalytic understanding, Object relations	S. Sammelselg	10.00-18.00	Estonian/English
<b>18.05</b>	Dream matrix		10.00-11.00	
<b>18.05</b>	Introduction to infant observation	S. Sammelselg	11.15-13.00	
<b>18.05</b>	Group supervision	A. Maar	14.00-16.00	
<b>18.05</b>	Final discussion		16.00-16.30	