

Nr	Subject	Lecturer	Time 2026/2027	Teaching language
I	Methods in analytical psychology: Active imagination		ibisTallinn/Üks Maja	English
			4.- 6. SEPT (3 days)	
4.09	Active Imagination	L. Cassar	10.15-13.30	Open lecture
4.09	Active Imagination	L. Cassar	15:00-17:30	Open lecture
5.09	Introductory round		10.15-11.15	
5.09	Active Imagination	L. Cassar	11.30-13.30	
5.09	Active Imagination	L. Cassar	14.30-17.30	
6.09	Group Dream Weaving	L. Cassar	10.15-13.30	
6.09	Group Supervision	L. Cassar	14.30-16.30	
6.09	Final discussion		16.30-17.00	
II	Symbolic understanding: Siblings		Üks Maja	English
			10.-11. OCT	
10.10	Introductory round		10.15-11.15	
10.10	Siblings	E. Espenberg	11.30-13.30	
10.10	Siblings	E. Espenberg	14.30-17.30	
11.10	Dream analysis		10.15-11.15	
11.10	Siblings	E. Espenberg	11.30-13.30	
11.10	Practicing psychotherapeutic skills	S. Sammelsetg	14.30-16.30	
11.10	Final discussion		16.30-17.00	
III	Fundamentals of analytical psychology: Archetypal psychology		Helsinki/Üks Maja	Estonian and Finnish
			14.-15. NOV (Finland)/21.-22. NOV (Estonia)	

14.11 (21.11)	Introductory round		10.15-11.15	
14.11 (21.11)	Archetypal psychology	K. Noschis/ S. Sammelselg	10.15-13.30	
14.11 (21.11)	Archetypal psychology	K. Noschis/ S. Sammelselg	14.30-17.30	
15.11 (22.11)	Dream matrix		10.15-11.15	
15.11 (22.11)	Archetypal psychology	K. Noschis/ S. Sammelselg	11.30-13.30	
15.11 (22.11)	Group supervision	G. Tricarico, A. Maar	14.30-16.30	
15.11 (22.11)	Final discussion (22.11)		16.30-17.00	
IV	Mind-brain-body: Psyche-soma relationship		Üks Maja	
			12.-13. DEC	English
12.12	Introductory round		10.15-11.15	
12.12	Psyche-soma relationship	P. Varmann	11.30-13.30	
12.12	Psyche-soma relationship	P. Varmann	14.30-17.30	
13.12	Dream analysis		10.15-11.15	
13.12	Psyche-soma relationship	P. Varmann	11.30-13.30	
13.12	Practicing psychotherapeutic skills	S. Sammelselg	14.30-16.30	
13.12	Final discussion		16.30-17.00	
V	Clinical application: The fragile self: basic fault, false self, narcissism		Üks Maja	English
			16.-17. JAN	
16.01	Introductory round		10.15-11.15	

16.01	Basic fault, false self, narcissism	R. Juzulenaite	11.30-13.30	
16.01	Basic fault, false self, narcissism	R. Juzulenaite	14.30-17.30	
17.01	Dream matrix		10.15-11.15	
17.01	Basic fault, false self, narcissism	R. Juzulenaite	11.30-13.30	
17.01.	Group supervision	A. Maar	14.30-16.30	
17.01.	Final discussion		16.30-17.00	
VI	Clinical application: Food and eating		Üks Maja	
			13.-14. FEB	English
13.02	Introductory round		10.15-11.15	
13.02	Archetypal and symbolic view on food and eating	M. Luik	11.30-13.30	
13.02	Relational view on food and eating	M. Luik	14.30-17.30	
14.02	Dream analysis		10.15-11.15	
14.02	Jungian (psychoanalytic) take on eating disorders	M. Luik	11.30-13.30	
14.02	Practicing psychotherapeutic skills	S. Sammelsetg	14.30-16.30	
14.02	Final discussion		16.30-17.00	
VII	Clinical application: Boundaries in and out		Fun&Zen Studio	
			2.-4. APRIL (3 days)	English
2.04	Introductory round		10.15-11.15	
2.04	Boundaries in analytic relationship	A. Maar	11.30-13.30	
2.04	Boundaries in analytic relationship	A. Maar	14.30-17.30	
3.04	Boundaries in analytic relationship	A. Maar	10.15-13.30	
3.04	Boundaries in psychotherapy field	A. Maar	14.30-17.30	
4.04	Dream analysis		10.15-11.15	
4.04	Boundaries in psychotherapy field	A. Maar	11.30-13.30	
4.04	Group supervision	A. Maar	14.30-16.30	
4.04	Final discussion		16.30-17.00	

VIII	Fundamentals of Analytical Psychology: Individuation		RESIDENTIAL SEMINAR (Nelijärve)	
			14.-16. MAY (3 days)	
14.05	Introductory round		10.15-11.15	
14.05	Individuation	M. Berg	11.30-13.30	
14.05	Individuation	M. Berg	14.30-17.30	
15.05	Individuation	M. Berg	10.15-13.30	
15.05	Contemporary individuation	G. Tricarico	14.30-17.30	
16.05	Dream matrix		10.15-11.15	
16.05	Contemporary individuation	G. Tricarico	11.30-13.30	
16.05	Practicing psychotherapeutic skills	S. Sammelsetg	14.30-16.30	
16.05	Final discussion		16.30-17.00	