

Kausi 2019 alkaen
Aikarajat-Pojat (50m rata)

Taulukko 1.1 (valintakriteerit)

© Dr. Klaus
Rudolph 2018
(Basis 2017)

Rudolph Pisteet	VU						RU			PU			SU			SKU		Ikä
	50	100	200	400	800	1500	50	100	200	50	100	200	50	100	200	200	400	
HAASTAJAT- elite																		
5	00:30,50	01:06,27	02:25,25	05:08,61	11:03,03	20:34,85	00:38,36	01:23,94	03:02,27	00:32,54	01:12,50	02:43,50	00:34,63	01:14,71	02:41,90	02:42,84	05:47,02	13v
5	00:29,12	01:03,93	02:20,26	04:58,57	10:27,38	19:44,89	00:36,69	01:20,44	02:54,43	00:31,21	01:09,04	02:35,83	00:33,45	01:11,70	02:35,61	02:37,73	05:35,72	14v
5	00:28,43	01:02,10	02:15,64	04:50,18	10:15,70	19:20,89	00:35,85	01:18,95	02:51,00	00:30,35	01:06,92	02:30,65	00:32,67	01:09,97	02:32,15	02:33,21	05:27,94	15v
6	00:27,72	01:00,59	02:12,33	04:42,52	09:55,90	18:46,55	00:34,80	01:15,99	02:44,37	00:29,43	01:04,76	02:25,13	00:31,51	01:07,43	02:26,61	02:28,74	05:17,16	16v
6	00:27,32	00:59,93	02:10,89	04:38,06	09:39,33	18:24,86	00:34,01	01:14,67	02:40,95	00:29,11	01:04,36	02:23,05	00:30,90	01:06,36	02:24,90	02:26,95	05:13,02	17v
ELITE																		
7	00:29,73	01:04,61	02:21,61	05:00,86	10:46,39	20:03,85	00:37,40	01:21,83	02:57,70	00:31,72	01:10,68	02:39,40	00:33,76	01:12,84	02:37,83	02:38,75	05:38,30	13v
7	00:28,39	01:02,33	02:16,74	04:51,08	10:11,63	19:15,14	00:35,77	01:18,42	02:50,06	00:30,43	01:07,30	02:31,92	00:32,61	01:09,90	02:31,71	02:33,77	05:27,30	14v
7	00:27,72	01:00,55	02:12,24	04:42,90	10:00,24	18:51,75	00:34,95	01:16,97	02:46,71	00:29,59	01:05,24	02:26,87	00:31,85	01:08,21	02:28,33	02:29,36	05:19,71	15v
8	00:27,01	00:59,05	02:08,96	04:35,33	09:40,75	18:17,91	00:33,91	01:14,06	02:40,19	00:28,68	01:03,11	02:21,44	00:30,71	01:05,71	02:22,89	02:24,96	05:09,10	16v
8	00:26,62	00:58,41	02:07,56	04:30,99	09:24,60	17:56,77	00:33,14	01:12,77	02:36,86	00:28,37	01:02,72	02:19,41	00:30,12	01:04,68	02:21,22	02:23,21	05:05,06	17v
8	00:26,20	00:57,44	02:05,87	04:27,16	09:16,60	17:43,29	00:32,71	01:11,32	02:34,39	00:28,06	01:01,96	02:18,17	00:29,67	01:03,94	02:19,71	02:20,74	05:02,33	18+