

WHAT THE BUDDHA REALLY TAUGHT?

Rev. Karagaswewe Wajira Thero (Sri Lanka)

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WDS Meditation and Development Center, Karnapi tee 10 (Aegna Island)

Overview

This series of lectures explores the direct teachings of the Buddha himself as preserved in some of the oldest records of his discourses. The study covering 52 of the discourses (Parts I to IX in Majjhima Nikāya), constitutes a systematic study program in the teachings of Early Buddhism.

Each day will end with meditation, guided by **Rev. Karagaswewe Wajira Thero**.

The Middle Length Discourses (Majjhima Nikāya) is one of the most important anthologies of the teachings and religious practices attributed to the Buddha. These rich and dynamic discourses which include the circumstances and people that prompted the Buddha's teachings, provide context for better understanding the content and nature of early Buddhist teachings. A careful study of this collection is an indispensable foundation for the study and practice of Buddhism.

The course consists of classes take place at the ten weekend, and weekly readings of discourses (suttas) from the Middle Length Discourses (Majjhima Nikāya), plus study guides written by Phra Srisaj Sattayayodhi.

We will be using Bhikkhu Nanamoli and Bhikkhu Bodhi's translation of the Majjhima Nikāya, The Middle Length Discourses of the Buddha, 4th Edition, 2009; Boston: Wisdom Publications.

Fee

The course is available free of charge to all. However, if you would like to make a donation to support this class, teachers' travel or living expenses, the cost of electricity or other costs, your donation is greatly appreciated!

Topics

- Introduction, Buddha's Life and Message
- Part I. The Buddha's Enlightenment (Ariyapariyesana Sutta, Bhayabherava Sutta, Mahasaccaka Sutta)
- Part II. Approaching the Dhamma (Kālāma Sutta etc)

- Part III. The Ethical Life (Mahādhammasamādāna Sutta, Kukkuravatika Sutta, Cūḷakammavibhanga Sutta)
- Part IV. Deepening One's Perspectives on the World (Mahādukkhakkhanda Sutta, Potaliya Sutta, Māgandiya Sutta)
- Part V. The Path to Liberation (Cūḷamālunkya sutta, Mahāsāropama Sutta, Mahāsāropama Sutta & Cūḷahatthipadopama Sutta)
- Part VI. The Practice in Detail (Mahācattārisaka Sutta, Satipaṭṭhāna Sutta, Ānāpānasati Sutta)
- Part VII. The Cultivation of Wisdom (Sammādiṭṭhi Sutta, Mahātaṇhāsankhaya Sutta, Mahāmalunkya Sutta)
- Part VIII. The Tathāgata (Mūlapariyāya Sutta, Kīṭāgiri Sutta, Mahāsīhanāda Sutta)
- Part IX. Life in the Sangha (Sāmagāma Sutta, Cūḷagosinga Sutta). Additional talks on the Majjhima Nikāya

The person responsible for the course

Andrus Kahn (Venerable Ṭhitaṅṅo)

thitanano@sangha.ee

Homepage: www.sangha.ee

Registration: <http://sangha.ee/meditation-and-study-centre/what-the-buddha-really-taught>

More information: +66 99 11 92 115 (Thailand) (until 31. May 2017)

+372 5111115 (Estonia) (since 01. June 2017)

info@sangha.ee

YOU ARE WELCOME!