

Ṭhitañāṇo bhikkhu

May all people be healthy, happy and free from dukkha!

Curriculum vitae

Date of Birth 24 March 1971
Residential address Karnapi tee 10, Tallinn, 74021, Estonia (Europe)
Temple address Wat Hatai Nares, Nakhon Pathom, Bangkok, 73170, Thailand
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Experience

2016 - present Head of Estonian Theravada Sangha
Responsible for the overall management and development of the Sangha in Estonia

2016 - present Director, Member of the Board, Dhamma-Vinaya Institute, Tallinn, Estonia
Responsible for the overall management and development of the Institute

2015 - present Lecturer, Mahachulalongkornrajavidyalaya University, Bangkok, Thailand
Responsible for lectures: Buddhism and Economy, Buddhism and Ecology, Man and Society, Life and Psychology

2005 - 2009 Coach-Trainer, Stern Institute, Tartu/Tallinn, Estonia
Responsible for lectures: Self Management, Leadership Management, Customer Service, Team Work, Coaching and Management, Nonviolent Communication, Interpersonal Communication and Motivation Skills, Coach, Practical Psychology for Managers, Neuro-Linguistic Programming

2003 - 2005 Director, Haberst Tegin AS (SIMENS official sales office), Tallinn, Estonia
Responsible for the overall management and development of the company

2000 - 2003 Chief Accountant, Haberst Tegin AS (SIMENS official sales office), Tallinn Estonia
Responsible for the accounting of the company

Education

2015 - present PhD, Buddhist Studies, Mahachulalongkornrajavidyalaya University, Thailand

2012 - 2015 MA, Buddhist Studies, Mahachulalongkornrajavidyalaya University, Thailand

2004 - 2005 Diploma, Communication and Motivation Skills Trainer, Stern Institute, Estonia

2006 - 2007 Diploma, NLP Master, Estonian NLP Institute, Estonia

2004 - 2005 Diploma, NLP Practitioner, Estonian NLP Institute, Estonia

2004 - 2006 Diploma, Adult Education & Psychology, Stern Institute, Estonia

1997 - 2000 Diploma, Hypno- & Psychotherapy, French Association of Hypnotherapy (AFHyp), France & Jauno Psihologiju Centrs, Latvia

1992 - 1993 Collage, Nurse, Health Care Collage, Tartu/Tallinn, Estonia