

**WEEK MENU**  
November 20-24, 2017



DAY	BREAKFAST	LUNCH	DINNER
MONDAY	Semolina porridge, jam, milk	Chicken goulash, buckwheat, grated carrot, black bread, berry yoghurt, apple  <b>Milk and gluten free: Meat sauce without milk, buckwheat, salad</b>	Baked potatoes, fresh salad, black bread, milk
TUESDAY	Millet porridge, jam, milk	Borsch with sauerkraut, sour cream, black bread, fruit jelly with whipped cream, carrot snack  <b>Milk and gluten free: Bosch, fruit jelly</b>	Tomato sandwich, hot chocolate
WEDNESDAY	Barley flake porridge, butter, milk	Paella with minced meat, cabbage salad with sour cream and dill, black bread, milk, pear  <b>Milk and gluten free: Paella with minced meat, salad</b>	Milk and noodle soup, sandwich with fresh cucumber  <b>Milk and gluten free: sandwich with fresh cucumber</b>
THURSDAY	Rye-flake porridge, jam, milk	Indian soup with chicken and coriander, pancakes with jam, black bread, cabbage snack  <b>Milk and gluten free: Indian supp, soya pudding</b>	Berry smoothie, oat cookies, persimmon
FRIDAY	Mango yoghurt, muesli, fruit	Potato and salmon casserole, cold sauce, beet and cabbage salad, flavored waiver with berries, black bread, plum  <b>Milk and gluten free: Baked potatoes with salmon</b>	Ham sandwich, milk

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