

## WEEK MENU

May 17-21, 2021



DAY	BREAKFAST	LUNCH	DINNER
MONDAY	Semolina porridge, jam, milk L/F: Corn semolina porridge	Chicken Stroganoff, rice, black bread, cabbage salad, apple L/F: Chicken Stroganoff rice, salad	Berry yoghurt with cornflakes L/F: Soya milk with cornflakes
TUESDAY	Rye-flake porridge, jam, milk L/F: Millet porridge	Vegetable soup with pork, black bread, curd cream with berry kissel, kohlrabi snack L/F/V: Vegetable soup, berry kissel with cornflakes	Roasted carrots with oregano, cold sauce, black bread L/F: Baked carrots
WEDNESDAY	Milk and noodle soup, cheese sandwich L/F: Buckwheat porridge	Hot pot, tomato slices, black bread, pear L/F: Steamed pork, buckwheat, salad	Vegetable pure soup, black bread L/F: Vegetable soup
THURSDAY	Rice porridge, berries, milk L/F: Rice porridge	Beet soup with chicken, black bread, milk kissel with jam, carrot snack L/F/V: Tomato soup, berry kissel	Baked bread with curd, tea L/F: Baked carrots with herbs, salad
FRIDAY	Buckwheat porridge, butter, milk L/F: Buckwheat porridge	Coated fish, mashed potatoes, chicken salad with cucumber, black bread, nectarine L/F: Fish file, potatoes, salad	Ham pizza, juice L/F: Rice galette with cucumber

L- lactose free (does not contain casein)

F- flour free (does not contain wheat, rye, barley or oat flour)

V- vegetarian (may contain egg)

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