

WEEK MENU
July 19-23, 2021



DAY	BREAKFAST	LUNCH	DINNER
MONDAY	Semolina porridge, jam, milk L/F: Corn semolina porridge	Azu with pork, black bread, grated carrot, apple L/F: Azu, carrots	Cheese sandwich, milk L/F: Rice galette with vegan cheese
TUESDAY	Barley-flake porridge, jam, milk L/F: Corn semolina porridge	Borsch, black bread, pancakes with jam, milk, carrot snack L/F: Berry kissel with cornflakes	Minced meat pasta, sour cream, fresh salad L/F: Corn galette with vegan cheese
WEDNESDAY	Four-cereal porridge, jam, milk L/F: Millet porridge	Chicken sauce, rice, Chinese cabbage and paprika salad, black bread, pear L/F: Steamed chicken, rice, salad	Milk and rice soup, cucumber sandwich L/F : Rice porridge with soya milk
THURSDAY	Buckwheat porridge, butter, milk L/F: Buckwheat porridge	Vegetable soup, black bread, cocoa kissel with jam, cabbage snack L/F: Vegetable soup, soya pudding	Carrot cutlets, fresh salad L/F: Baked potatoes, cucumber
FRIDAY	Berry yoghurt with cornflakes L/F: Soya milk with cornflakes	Cabbage and minced meat casserole, potatoes, tomato slices, black bread, melon L/F: Rice noodles with minced meat, salad	Bun, yoghurt L/F: Apple biscuit, soya milk