

**WEEK MENU**  
February 22-26, 2021



DAY	BREAKFAST	LUNCH	DINNER
MONDAY	Oat-flake porridge, jam, milk L/F: Corn semolina porridge	Pork Stroganoff, potatoes, black bread, potatoes, Chinese cabbage and carrot salad, butter milk, grapes L/F: Pork, potatoes, salad	Baked bread with curd, tea L/F: Biscuit cake with apples
TUESDAY	Oat-flake porridge, jam, milk L/F: Rice porridge	Farmer's soup, sour cream, black bread, cocoa kissel with jam, carrot snack L/F: Vegetable soup, berry kissel	Vegetable stew (L/F), black bread
WEDNESDAY	☺	☺	☺
THURSDAY	Rye-flake porridge, jam, milk L/F: Buckwheat porridge	Beet soup with chicken, black bread, curd desert, turnip snack L/F: Pure soup, kissel	Potato and barley porridge, black bread, apple juice L/F: Mashed potatoes, tea
FRIDAY	Milk and noodle soup, cheese sandwich L/JF: Soya milk and rice soup	Potato and minced meat casserole, carrot and pineapple salad, black bread, milk, pear L/F: Baked potatoes with minced meat, salad	Kama drink with berries, brown bread L/F: Soya pudding, banana

L- lactose free (does not contain casein)

F- flour free (does not contain wheat, rye, barley or oat flour)

V- vegetarian (may contain egg)