

# INCLUSIVE LIFE 2018 THE MAGIC SUITCASE

Tools for teachers so they could help their students to better focus on their school work and deal with different emotions.

## THE PROBLEM

- Envolving and calming the kids during the classes as well as breaks is often a difficult task because there are more and more students with special needs studying in the school.
- The teachrs need a complex tool that is easy to use.

#### THE GOAL

To create a "magic suitcase" that has

- motor development activities (movement games);
- calming and balancing activities;
- Different tools and exercises

#### SCIENTIFIC ASPECT

We studied various materials that helped us understand different types of people and their behavior. Also, how to support your child with concentration problems.

We based our work on practical recommendations and various research that supported practical recommendations (Niineberg, T. (2018).There are more and more children with special needs in the classrooms, for whom it is important to study alongside their classmtes to feel included Strebeleva, J. (2010).

The diversity of tasks is important for a child with special needs: grouping (grouping by similar features), sequencing (the child learns to compare objects). *Mõtlemise kujundamisest arenguliste erivajadustega lastel*). (Strebeleva, 2010)

#### THE DESIGN PROCESS

- Meetings to set up agreements and a plan
- Dividing the assignments between the group members according to the subject:

- Thinking about the materials and collecting them
- Creating the learing tools and guides for the magic suitcase
- Introducing the tools the group

#### THE IMPORTANCE

- Diversifying the learning process
- Giving greater attention to the inclusion of children with special needs in education.
- Supporting the teacher.

# RESULTS

- A magic suitcase was created that consits of different tools and virtuaal games to be played at and while moving around
- Together different exercises were created that can help include and calm down the students if needed.
- The tools in the suitcase can be used individually or together
- A methodical guidebook is included with the suitcase
- The instructions for the tools are in Estonian and Russians which makes the suitcase easy to use both in Estonian as well as Russian language speaking schools
- The suitcase is portable and easy to use with colleages
- The magic suitcase is meant to be used by students in the basic school grades

## CONCLUSIONS

It is important to create diverse learning tools for children with special needs that would engage all of their senses

- The tool should be easy, logical and understandable for the child.
- It is very difficult to create new learning tools when everything seems to have been created already

It is possible to only improve the tools that already exist.

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