## Brass City Charter School PROVIDING FRESH, HEALTHY MEALS DAILY

## K-8 CYCLE LUNCH MENU DECEMBER 2025-2026

\*\*DAILY OFFERINGS\*\*

\*\*HOT VEGETABLE\*\*FRESH VEGETABLE CHOICE\*\*LOW FAT DRESSINGS AND WG CROUTONS \*\*FRUIT ASSORTMENT\*\*CHOICE OF FAT FREE FLAVORED MILK OR 1% LOW FAT WHITE MILK \*\*DAILY ALTERNATE MEAL SELECTION \*\*YOGURT GRANOLA FRUIT ENTRÉE\*\*HUMMUS WG CRACKERS VEGETABLE ENTRÉE\*\*CHEESE SANDWICH ON WG ROLL\*\*SOY BUTTER SANDWICH ON WG ROLL\*\* TURKEY CHEESE ON WG ROLL\*\*VEGGIE PATTY ON WG ROLL\*\*

| SANDWICH ON WG ROLL** TURKEY CHEESE ON WG ROLL**VEGGIE PATTY ON WG ROLL**  |   |   |  |   |
|--|---|---|--|---|
| *CHEESEBURGER ON W/G ROLL* POTATO WEDGES FRESH FRUIT MILK *Contains Soy Wheat ,milk* *May contain eggs                   | *WG PIZZA BITES* TOMATO DIPPING SAUCE FRESH FRUIT & GREEN BEANS MILK *Contains milk ,wheat soy*  **NO PIZZA SERVED**    | 3 TURKEY CHILI BEANS WG CHIPS & *CHEESE* *WG ROLL* FRESH FRUIT & VEGETABLE CHOICE MILK *Contains Milk* *Contains milk, wheat soy* | 4 *BBQ_CHICKEN MASHED POTATO & CORN *WG ROLL* FRUIT FRESH VEGETABLE CHOICE MILK *Contains Soy Wheat ,milk* *May contain eggs4  | *W/G FRENCH TOAST* TURKEY SAUSAGE PATTY CORN FRESH FRUIT & VEGETABLE CHOICE MILK *Contains milk ,wheat soy , egg*                     |
| 8 *WG PIZZA BITES* TOMATO DIPPING SAUCE FRESH FRUIT & GREEN BEANS MILK FRUIT *Contains milk ,wheat soy*                  | 9 *TURKEY CHEESE* ON WG ROLL ROMAINE FRESH FRUIT MILK *Contains Soy Wheat ,milk* *May contain eggs*                     | 10 WG POPCORN CHICKEN* CARROTS *WG ROLL* FRESH FRUIT & VEGETABLE BAR MILK *Contains milk ,wheat soy* *May contain eggs*           | 11<br>WG BROWN RICE BEANS<br>CHICKEN *CHEESE* TACO BAR<br>FRESH FRUIT & VEGETABLE BAR<br>MILK<br>*Contains Milk*               | 12 MEATBALL MARINARA ON *WG ROLL* FRESH FRUIT & VEGETABLE CHOICE MILK *Contains Soy Wheat ,milk* *May contain eggs                    |
| 15 WG BROWN RICE CHICK PEAS CURRY CHICKEN FRESH FRUIT & VEGETABLE BAR MILK *Contains Soy Wheat ,milk* *May contain eggs* | 16 *WG PIZZA BITES* TOMATO DIPPING SAUCE FRESH FRUIT & GREEN BEANS MILK *Contains milk ,wheat soy*  **NO PIZZA SERVED** | 17 TURKEY CHILI BEANS WG CHIPS & *CHEESE* *WG ROLL* FRESH FRUIT & VEGETABLE CHOICE MILK *Contains Milk* *Contains milk ,wheat soy | 18  *CHICKEN ALFREDO WG PASTA*  *WG ROLL*  FRUIT  FRESH VEGETABLE CHOICE  MILK  *Contains Soy Wheat ,milk*  *May contain eggs* | 19 CHEESEBURGER ON *W/G ROLL* POTATO WEDGES KETCHUP FRESH FRUIT & VEGETABLE CHOICE MILK *Contains Soy Wheat ,milk* *May contain eggs* |

- STUDENT SCHOOL LUNCH CONSISTS OF 5 MEAL COMPONENTS: MEAT/MEAT ALTERNATE, GRAIN, FRUIT, VEGETABLE AND MILK.
- STUDENTS CHOOSE A MINIMUM OF 3: INCLUDING 1/2 CUP FRUIT OR 3/4 CUP VEGETABLE AND IN ADDITION AT LEAST 2 MORE
  DIFFERENT COMPONENTS. FOR BEST NUTRITION WE ENCOURAGE CHOOSING ALL 5! SPECIAL DIET ACCOMMODATIONS.
- BRASS CITY CHARTER SCHOOL IS AN EQUAL OPPORTUNITY PROVIDER.
- MENU IS SUBJECT TO CHANGE. W/G=WHOLE GRAIN FOOD ITEM; MILK CHOICES= 1% WHITE MILK OR FLAVORED FAT FREE MILK.
- IF YOU HAVE A FOOD ALLERGY: TELL CAFETERIA STAFF BEFORE ORDERING OR SELECTING YOUR MEAL. REVIEW THE POSTED ALLERGEN INFORMATION AND INGREDIENT LISTS. ASK IF YOU'RE UNSURE ABOUT ANY ITEM.