

WORKSHEET 4: SUMMARY OF FINDINGS

This worksheet can be used to create narrative descriptions to post alongside sections from **Worksheet 3: Identifying Connections between Policy and Practice**. The purpose of these narratives is to describe the district's progress toward meeting their wellness goals. Not all districts will have information to share in all four sections.



SECTION 1: STRONG POLICIES AND ALIGNED PRACTICES

If applicable, write a narrative below to describe your district's areas of success in meeting its wellness goals.

We are proud of our commitment to wellness at Brass City Charter School (BCCS). We strive to meet or exceed standards in every area.

We have a comprehensive physical education program taught by certified teachers and offer P.E. to all grade levels, including PK. Our students receive nutrition education through our standards-based health curriculum.

We further encourage physical activity by offering daily recess at all grade levels and physical activity breaks in classrooms.

Our Food Services program adheres strictly to all USDA standards. As a school operating under the Community Eligibility Provision, we offer free breakfast and lunch to all students. To encourage modeling of healthy eating habits, we also offer school meals to staff at no cost. There is no food for sale on our campus, and no food marketing.

We are committed to creating a healthy school environment.



SECTION 2: CREATE PRACTICE IMPLEMENTATION PLAN

If applicable, write a narrative below to describe how your district will create practice implementation plans to ensure full compliance with all elements of the LSWP.

IEC4, IEC6 - This is our first triennial assessment so there is no historical practice on which to base the "implementation" part. Thus our policy and implementation do not match at this time...although they will be in alignment once this triennial assessment is posted on our website and announced to our community.

IEC2 - We had a larger wellness committee pre-pandemic, but due to job changes and retirements many on that committee are no longer part of our school community. This has resulted in some stakeholder groups no longer being represented on the committee. We are recruiting additional members to join prior to our next scheduled meeting in December. We are looking to add a health professional, board member, parent, and students to the committee.

SM10 - We have made efforts to purchase from local farms, but because we are one small school rather than a large district, it is not cost effective for local farms to deliver to us. We always buy local from our distributors when offered the option and will continue to try to work with local farms.

PEPA4, PEPA5 - Our elementary and middle school students have two class periods per week of physical activity (Dance and Physical Education). This does not meet the 150/225 minute optimal amount of time in standards PEPA4 and PEPA5. However, it is impossible for us to meet this standard, as our resources (staff and physical space) cannot accommodate that much physical education time for all students. Our implementation is in line with our policy, but because neither implementation nor policy reaches the 150/225 minute threshold, it shows up here as out of alignment.

WPM5 - We encourage teachers not to withhold recess as a classroom management tool. We offer 30 minutes of recess per day, more than the required 20 minutes. On occasion, an elementary classroom teacher may withhold some recess time, but it is never more than 10 minutes, thus allowing the full 20 minutes of required recess.

NS9 - Food-based celebrations rarely occur, and when they do the foods served are provided by the school and comply with Smart Snacks guidelines. These celebrations must be preapproved by school administrators. We are comfortable with having this flexibility in our policy.

NS12 - Our policy is that teachers are not to use food as a reward for good behavior. Staff will be reminded of this policy and more closely monitored to ensure that the policy is being followed.



SECTION 3: UPDATE POLICIES

If applicable, write a narrative below to describe how the district will update its policy to include all federally required items. You may also add plans for additional policy updates if desired.

All federally required items are included in the BCCS Wellness Policy.

WPM4 - We will add a policy prohibiting the use of physical activity as punishment.

WPM12 – We will amend our marketing policy to include the prohibition of corporate incentive programs.

We will also reconvene the Staff Wellness Subcommittee and put into place more opportunities for staff wellness. We had started this process pre-pandemic but did not have a chance to fully engage staff. Once that committee has met and made plans, we will revise the Wellness Policy to reflect the new activities offered.



SECTION 4: OPPORTUNITIES FOR GROWTH

If applicable, write a narrative below to describe how your district will update its policy and practices to include all federally required items. You may also add plans for additional wellness goals if desired.

All federally required items are included in the BCCS Wellness Policy.

We will update our policy and practice to provide opportunities for our physical education teachers to attend professional development specific to physical education.