

Brass City Charter School

PROVIDING FRESH, HEALTHY MEALS DAILY

K-8 FEBRUARY CYCLE BREAKFAST MENU FOR SY 2025-2026

DAILY SERVINGS: ALL BREAKFAST OFFERINGS CONSISTS OF 3 MEAL COMPONENTS: WHOLE GRAIN, FRUIT AND MILK CHOOSE A MINIMUM OF TWO MEAL COMPONENTS INCLUDING ½ CUP FRUIT OR ONE FULL SERVING OF EACH MEAL COMPONENT
<ul style="list-style-type: none"> • WG CEREAL WG MUFFIN, WG GRANOLA, WG GRAHAM CRACKERS • 2 ITEMS = 1 GRAIN SERVING. TAKE A MINIMUM OF 2 AS A COMBINATION OR 2 OF THE SAME ITEM • LOW FAT STRING CHEESE OR FAT FREE YOGURT 1 ITEM = ½ SERVING, MAY SUBSTITUTE FOR HALF OF THE GRAIN COMPONENT, WHEN OFFERED.
<ul style="list-style-type: none"> • FRUIT: 100 % JUICE AND ½ cup FRESH OR CUPS ○ (2 ITEMS = 1 FRUIT SERVING. MINIMUM 1 ONLY 1 JUICE PER STUDENT)
<ul style="list-style-type: none"> • MILK: 1 CONTAINER= (1 MILK SERVING. CHOICE OF CHOCOLATE FAT FREE OR 1% WHITE)

2	3	4	5	6
WG CEREAL **WG MUFFIN CHOICE** FRUIT JUICE & MILK	*WG CEREAL* **WG MUFFIN CHOICE** FRUIT JUICE & MILK	**EGG CHEESE ON WG ROLL** *WG CEREAL* **WG MUFFIN CHOICE** FRUITS & MILK	*WG CEREAL* **WG MUFFIN CHOICE** FRUIT JUICE & MILK	**CHICKEN SAUSAGE WAFFLE** **WG CEREAL* **WG MUFFIN CHOICE** FRUITS & MILK
9	10	11	12	13
WG CEREAL **WG MUFFIN CHOICE** FRUIT JUICE & MILK	*WG CEREAL* **WG MUFFIN CHOICE** FRUIT JUICE & MILK	**WG PANCAKE SAUSAGE ** *WG CEREAL WG MUFFIN CHOICE* * FRUITS & MILK*	*WG CEREAL* **WG MUFFIN CHOICE** FRUIT JUICE & MILK	*EGG CHEESE ON WG ROLL* *WG CEREAL* **WG MUFFIN CHOICE** FRUIT JUICE & MILK
16	17	18	19	20
PRESIDENTS DAY	PRESIDENTS DAY	**CHICKEN SAUSAGE CHEESE ON WG ROLL** *WG CEREAL* **WG MUFFIN CHOICE** FRUIT JUICE & MILK	*WG CEREAL* **WG MUFFIN CHOICE** FRUIT JUICE & MILK	*WG PANCAKE AND SAUSAGE STICK & SYRUP** *WG CEREAL WG MUFFIN CHOICE* * FRUITS & MILK*
23	24	25	27	28
WG CEREAL **WG MUFFIN CHOICE** FRUIT JUICE & MILK	*WG CEREAL* **WG MUFFIN CHOICE** FRUIT JUICE & MILK	*EGG CHEESE ON WG ROLL* *WG CEREAL* **WG MUFFIN CHOICE** FRUIT JUICE & MILK	*WG CEREAL* **WG MUFFIN CHOICE** FRUIT JUICE & MILK	**CHICKEN SAUSAGE CHEESE ON WG ROLL** *WG CEREAL* **WG MUFFIN CHOICE** FRUIT JUICE & MILK

- **BRASS CITY CHARTER SCHOOL IS AN EQUAL OPPORTUNITY PROVIDER. MENU IS SUBJECT TO CHANGE.**
- **IF YOU HAVE A FOOD ALLERGY: TELL CAFETERIA STAFF BEFORE ORDERING OR SELECTING YOUR MEAL.**
- **REVIEW THE POSTED ALLERGEN INFORMATION AND INGREDIENT LISTS. ASK IF YOU'RE UNSURE ABOUT ANY ITEM.**
- ***CONTAINS: WHEAT, SOY* **CONTAINS: EGGS, MILK, WHEAT, SOY** *** CONTAINS MILK*****