

# Brass City Charter School

## PROVIDING FRESH, HEALTHY MEALS DAILY

### K-8 DECEMBER BREAKFAST MENU FOR SY 2025-2026

<b>DAILY SERVINGS:</b> <b>ALL BREAKFAST OFFERINGS CONSISTS OF 3 MEAL COMPONENTS: WHOLE GRAIN, FRUIT AND MILK</b> <b>CHOOSE A MINIMUM OF TWO MEAL COMPONENTS INCLUDING ½ CUP FRUIT OR ONE FULL SERVING OF EACH MEAL COMPONENT</b>				
<ul style="list-style-type: none"> <li>• <b>WG CEREAL WG MUFFIN, WG GRANOLA, WG GRAHAM CRACKERS</b></li> <li>• <b>2 ITEMS = 1 GRAIN SERVING. TAKE A MINIMUM OF 2 AS A COMBINATION OR 2 OF THE SAME ITEM</b></li> <li>• <b>LOW FAT STRING CHEESE OR FAT FREE YOGURT 1 ITEM = ½ SERVING, MAY SUBSTITUTE FOR HALF OF THE GRAIN COMPONENT, WHEN OFFERED.</b></li> </ul>				
<ul style="list-style-type: none"> <li>• <b>FRUIT: 100 % JUICE AND ½ cup FRESH OR CUPS</b></li> <li>○ <b>(2 ITEMS = 1 FRUIT SERVING. MINIMUM 1 ONLY 1 JUICE PER STUDENT)</b></li> </ul>				
<ul style="list-style-type: none"> <li>• <b>MILK: 1 CONTAINER= (1 MILK SERVING. CHOICE OF CHOCOLATE FAT FREE OR 1% WHITE)</b></li> </ul>				

<b>1</b> <b>*WG CEREAL*</b> <b>**WG MUFFIN CHOICE**</b> <b>FRUITS &amp; MILK</b>	<b>2</b> <b>*WG CEREAL*</b> <b>**WG MUFFIN CHOICE**</b> <b>FRUIT JUICE &amp; MILK</b>	<b>3</b> <b>**CHICKEN SAUSAGE</b> <b>WAFFLE**</b> <b>**WG CEREAL*</b> <b>**WG MUFFIN CHOICE**</b> <b>FRUITS &amp; MILK</b>	<b>4</b> <b>*WG CEREAL*</b> <b>**WG MUFFIN CHOICE**</b> <b>FRUITS &amp; MILK</b>	<b>5</b> <b>**EGG CHEESE ON WG</b> <b>ROLL**</b> <b>*WG CEREAL*</b> <b>**WG MUFFIN CHOICE**</b> <b>FRUITS &amp; MILK</b>
<b>8</b> <b>*WG CEREAL*</b> <b>**WG MUFFIN CHOICE**</b> <b>FRUIT JUICE &amp; MILK</b>	<b>9</b> <b>*WG CEREAL*</b> <b>**WG MUFFIN CHOICE**</b> <b>FRUIT JUICE &amp; MILK</b>	<b>10</b> <b>**EGG CHEESE ON WG</b> <b>ROLL**</b> <b>*WG CEREAL*</b> <b>**WG MUFFIN CHOICE**</b> <b>FRUITS &amp; MILK</b>	<b>11</b> <b>**TURKEY EGG CHEESE</b> <b>PEPPERS ONION</b> <b>EMPANADA**</b> <b>*WG CEREAL*</b> <b>**WG MUFFIN CHOICE**</b> <b>FRUITS &amp; MILK</b>	<b>12</b> <b>*WG CEREAL*</b> <b>**WG MUFFIN CHOICE**</b> <b>FRUITS &amp; MILK</b>
<b>15</b> <b>*WG CEREAL*</b> <b>**WG MUFFIN CHOICE**</b> <b>FRUITS &amp; MILK</b>	<b>16</b> <b>**EGG CHEESE ON WG</b> <b>ROLL**</b> <b>*WG CEREAL*</b> <b>**WG MUFFIN CHOICE**</b> <b>FRUITS &amp; MILK</b>	<b>17</b> <b>*WG CEREAL*</b> <b>**WG MUFFIN CHOICE**</b> <b>FRUIT JUICE &amp; MILK</b>	<b>18</b> <b>**CHICKEN SAUSAGE</b> <b>WAFFLE**</b> <b>**WG CEREAL*</b> <b>**WG MUFFIN CHOICE**</b> <b>FRUITS &amp; MILK</b>	<b>19</b> <b>*WG CEREAL*</b> <b>**WG MUFFIN CHOICE**</b> <b>FRUITS &amp; MILK</b>

- **BRASS CITY CHARTER SCHOOL IS AN EQUAL OPPORTUNITY PROVIDER. MENU IS SUBJECT TO CHANGE.**
- **IF YOU HAVE A FOOD ALLERGY: TELL CAFETERIA STAFF BEFORE ORDERING OR SELECTING YOUR MEAL.**
- **REVIEW THE POSTED ALLERGEN INFORMATION AND INGREDIENT LISTS. ASK IF YOU'RE UNSURE ABOUT ANY ITEM.**
- **\*CONTAINS: WHEAT, SOY\*    \*\*CONTAINS: EGGS, MILK, WHEAT, SOY\*\*    \*\*\* CONTAINS MILK\*\*\***