

Brass City Charter School

PROVIDING FRESH, HEALTHY MEALS DAILY

K-8 CYCLE LUNCH MENU SEPTEMBER 2025-2026

SEPTEMBER 2025-2026 **DAILY OFFERINGS** **HOT VEGETABLE**FRESH VEGETABLE CHOICE**LOW FAT DRESSINGS AND WG CROUTONS ** **FRUIT ASSORTMENT**CHOICE OF FAT FREE FLAVORED MILK OR 1% LOW FAT WHITE MILK** **DAILY ALTERNATE MEAL SELECTION ** **YOGURT GRANOLA FRUIT ENTRÉE**HUMMUS WG CRACKERS VEGETABLE ENTRÉE** **CHEESE SANDWICH ON WG ROLL**SOY BUTTER SANDWICH ON WG ROLL** TURKEY CHEESE ON WG ROLL**VEGGIE PATTY ON WG ROLL** **				
1 LABOR DAY	2 WG PIZZA BITES TOMATO DIPPING SAUCE FRESH FRUIT & GREEN BEANS MILK	3 W/G FRENCH TOAST TURKEY SAUSAGE PATTY CORN FRESH FRUIT & VEGETABLE CHOICE MILK	4 BAKED POTATO BAR CHICKEN BROCCOLI FRESH FRUIT & VEGETABLE CHOICE MILK	5 BB OR BUFFALO CHICKEN ON W/G ROLL POTATO WEDGES KETCHUP FRUIT FRESH VEGETABLE CHOICE MILK
8 WG PASTA MEATSAUCE MARINARA WG ROLL FRUIT FRESH VEGETABLE CHOICE MILK	9 TURKEY CHEESE ON WG ROLL ROMAINE FRESH FRUIT MILK	10 CHICKEN ALFREDO WG PASTA FRUIT FRESH VEGETABLE CHOICE MILK	11 TURKEY CHILI BEANS WG CHIPS & CHEESE FRESH FRUIT & VEGETABLE CHOICE MILK	12 CHEESEBURGER ON W/G ROLL POTATO WEDGES KETCHUP FRESH FRUIT & VEGETABLE CHOICE MILK
15 W/G FRENCH TOAST TURKEY SAUSAGE PATTY CORN FRESH FRUIT & VEGETABLE CHOICE MILK	16 WG PIZZA BITES TOMATO DIPPING SAUCE FRESH FRUIT & GREEN BEANS MILK	17 MAC & CHEESE WG POPCORN CHICKEN GREEN BEANS FRESH FRUIT & VEGETABLE BAR MILK	18 WG BROWN RICE BEANS TURKEY CHEESE TACO BAR FRESH FRUIT & VEGETABLE BAR MILK	19 SLOPPY JOE ON W/G ROLL POTATO WEDGES KETCHUP FRUIT FRESH VEGETABLE CHOICE MILK
22 CHEESEBURGER ON W/G ROLL POTATO WEDGES KETCHUP FRESH FRUIT & VEGETABLE CHOICE MILK	23 TURKEY CHEESE ON WG ROLL ROMAINE FRESH FRUIT & VEGETABLE CHOICE MILK	24 WG BROWN RICE CHICK PEAS CURRY CHICKEN FRESH FRUIT & VEGETABLE BAR MILK	25 BAKED POTATO BAR BROCCOLI FRESH FRUIT & VEGETABLE CHOICE MILK	26 MEATBALL MARINARA ON WG ROLL FRESH FRUIT & VEGETABLE CHOICE MILK
29 TURKEY CHILI BEANS WG CHIPS & CHEESE FRESH FRUIT & VEGETABLE CHOICE MILK	30 WG PIZZA BITES TOMATO DIPPING SAUCE FRESH FRUIT & GREEN BEANS MILK			

STUDENT SCHOOL LUNCH CONSISTS OF 5 MEAL COMPONENTS: MEAT/MEAT ALTERNATE, GRAIN, FRUIT, VEGETABLE AND MILK. STUDENTS CHOOSE A MINIMUM OF 3: INCLUDING 1/2 CUP FRUIT OR 3/4 CUP VEGETABLE AND IN ADDITION AT LEAST 2 MORE DIFFERENT COMPONENTS. FOR BEST NUTRITION WE ENCOURAGE CHOOSING ALL 5! SPECIAL DIET ACCOMMODATIONS. BRASS CITY CHARTER SCHOOL IS AN EQUAL OPPORTUNITY PROVIDER. MENU IS SUBJECT TO CHANGE. W/G=WHOLE GRAIN FOOD ITEM; MILK CHOICES= 1% WHITE MILK OR FLAVORED FAT FREE MILK.