

**Brass City Charter School**  
 PROVIDING FRESH, HEALTHY MEALS DAILY

## CYCLE LUNCH JUNE MENU FOR SY 2023-2024

<b>JUNE 2024</b>				
<b>**DAILY OFFERINGS**</b> <b>**HOT VEGETABLE**FRESH VEGETABLE CHOICE**</b> <b>**FRUIT ASSORTMENT**CHOICE OF FAT FREE FLAVORED MILK OR 1% LOW FAT WHITE MILK**</b> <b>**DAILY ALTERNATE MEAL SELECTION **</b> <b>**YOGURT GRANOLA FRUIT ENTRÉE**HUMMUS WG CRACKERS VEGETABLE ENTRÉE**</b> <b>**CHEESE SANDWICH ON WG ROLL**SOY BUTTER SANDWICH ON WG ROLL** TURKEY CHEESE ON WG ROLL**VEGGIE PATTY ON WG ROLL**</b>				
<b>3</b> CHEESEBURGER ON W/G ROLL POTATO WEDGES KETCHUP FRESH FRUIT & VEGETABLE CHOICE MILK	<b>4</b> WG PIZZA GREEN BEANS FRESH FRUIT & VEGETABLE CHOICE MILK	<b>5</b> WG BROWN RICE BEANS TURKEY CHEESE TACO FRESH FRUIT & VEGETABLE BAR MILK	<b>6</b> CHEESEBURGER ON W/G ROLL POTATO WEDGES KETCHUP FRESH FRUIT & VEGETABLE CHOICE MILK	<b>7</b> BAKED WG ZITI HERB CHICKEN FRESH FRUIT & VEGETABLE CHOICE MILK
<b>10</b> MAC & CHEESE WG POPCORN CHICKEN GREEN BEANS FRESH FRUIT & VEGETABLE BAR MILK	<b>11</b> TURKEY CHEESE ON WG ROLL FRESH FRUIT & VEGETABLE CHOICE MILK	<b>12</b> MEATBALL MARINARA ON WG ROLL BROCCOLI FRESH FRUIT & VEGETABLE CHOICE MILK	<b>13</b> TURKEY CHILI BEANS WG CHIPS & CHEESE FRESH FRUIT & VEGETABLE CHOICE MILK	<b>14</b> CHICKEN CAESAR SALAD WG CROUTONS FRESH FRUIT & VEGETABLE CHOICE MILK

STUDENT SCHOOL LUNCH CONSISTS OF 5 MEAL COMPONENTS: MEAT/MEAT ALTERNATE, GRAIN, FRUIT, VEGETABLE AND MILK. STUDENTS CHOOSE A MINIMUM OF 3: INCLUDING 1/2 CUP FRUIT OR 3/4 CUP VEGETABLE AND IN ADDITION AT LEAST 2 MORE DIFFERENT COMPONENTS. FOR BEST NUTRITION WE ENCOURAGE CHOOSING ALL 5! SPECIAL DIET ACCOMMODATIONS. BRASS CITY CHARTER SCHOOL IS AN EQUAL OPPORTUNITY PROVIDER. MENU IS SUBJECT TO CHANGE. W/G=WHOLE GRAIN FOOD ITEM; MILK CHOICES= 1% WHITE MILK OR FLAVORED FAT FREE MILK.