

Brass City Charter School

PROVIDING FRESH, HEALTHY MEALS DAILY

CYCLE LUNCH FEBRUARY MENU FOR SY 2023-2024

FEBRUARY 2024				
DAILY OFFERINGS				
HOT VEGETABLEFRESH VEGETABLE CHOICE**				
FRUIT ASSORTMENTCHOICE OF FAT FREE FLAVORED MILK OR 1% LOW FAT WHITE MILK**				
**DAILY ALTERNATE MEAL SELECTION **				
YOGURT GRANOLA FRUIT ENTRÉEHUMMUS WG CRACKERS VEGETABLE ENTRÉE**				
CHEESE SANDWICH ON WG ROLLSOY BUTTER SANDWICH ON WG ROLL** TURKEY CHEESE ON WG ROLL**VEGGIE PATTY ON WG ROLL**				
1	2	3	1 W/G FRENCH TOAST TURKEY SAUSAGE PATTY CORN FRESH FRUIT & VEGETABLE CHOICE MILK	2 WG PIZZA CARROTS FRESH FRUIT & VEGETABLE CHOICE MILK
5 WG BROWN RICE BEANS TURKEY CHEESE TACO ON WG WRAP FRESH FRUIT & VEGETABLE BAR MILK	6 WG PIZZA BITES TOMATO DIPPING SAUCE FRESH FRUIT & VEGETABLE CHOICE MILK	7 BBQ GRILLED CHICKEN ON WG ROLL MASHED POTATO FRESH FRUIT & VEGETABLE BAR MILK	8 TURKEY CHEESE ON WG ROLL FRESH FRUIT & VEGETABLE CHOICE MILK	9 CHICKEN CAESAR SALAD WG CROUTONS FRESH FRUIT & VEGETABLE CHOICE MILK
12 MAC & CHEESE WG POPCORN CHICKEN GREEN BEANS FRESH FRUIT & VEGETABLE BAR MILK	13 CHEESEBURGER ON W/G ROLL POTATO WEDGES KETCHUP FRESH FRUIT & VEGETABLE CHOICE MILK	14 W/G FRENCH TOAST TURKEY SAUSAGE PATTY CORN FRESH FRUIT & VEGETABLE CHOICE MILK	15 TURKEY CHILI BEANS WG CHIPS & CHEESE FRESH FRUIT & VEGETABLE CHOICE MILK	16 WG PIZZA BITES TOMATO DIPPING SAUCE FRESH FRUIT & VEGETABLE CHOICE MILK
19 HOLIDAY	20 HOLIDAY	21 CHEESEBURGER ON W/G ROLL POTATO WEDGES KETCHUP FRESH FRUIT & VEGETABLE CHOICE MILK	22 CHICKEN CAESAR SALAD WG CROUTONS FRESH FRUIT & VEGETABLE CHOICE MILK	23 BAKED WG ZITI HERB CHICKEN FRESH FRUIT & VEGETABLE CHOICE MILK
26 W/G FRENCH TOAST TURKEY SAUSAGE PATTY CORN FRESH FRUIT & VEGETABLE CHOICE MILK	27 BBQ PULLED TURKEY ON WG ROLL FRESH FRUIT & VEGETABLE BAR MILK	28 TURKEY CHILI BEANS WG CHIPS & CHEESE FRESH FRUIT & VEGETABLE CHOICE MILK	29 WG PIZZA FRESH FRUIT & VEGETABLE CHOICE MILK	

STUDENT SCHOOL LUNCH CONSISTS OF 5 MEAL COMPONENTS: MEAT/MEAT ALTERNATE, GRAIN, FRUIT, VEGETABLE AND MILK. STUDENTS CHOOSE A MINIMUM OF 3: INCLUDING 1/2 CUP FRUIT OR 3/4 CUP VEGETABLE AND IN ADDITION AT LEAST 2 MORE DIFFERENT COMPONENTS. FOR BEST NUTRITION WE ENCOURAGE CHOOSING ALL 5! SPECIAL DIET ACCOMMODATIONS. BRASS CITY CHARTER SCHOOL IS AN EQUAL OPPORTUNITY PROVIDER. MENU IS SUBJECT TO CHANGE. W/G=WHOLE GRAIN FOOD ITEM; MILK CHOICES= 1% WHITE MILK OR FLAVORED FAT FREE MILK.