

Brass City Charter School

PROVIDING FRESH, HEALTHY MEALS DAILY

FEBRUARY LUNCH MENU FOR SY 2017-18

DAILY: FRESH VEGETABLES TRAYS OFFERED; CHOICE OF SKIM FLAVORED MILK OR 1% LOW FAT WHITE MILK; ALTERNATE MEAL SELECTION;

TASTIER TUESDAYS – NEW ITEMS OFFERED FOR TASTING EACH TUESDAY

5 MAC & CHEESE CARROTS*CORN W/G BREAD FRESH FRUIT ASSORTMENT	6 TURKEY CHILI BOWL with BEAMS WG NACHOS (OR Scoops) FRESH FRUIT ASSORTMENT	7 W/G SPAGHETTI MEAT SAUCE MARINARA SAUCE*SPINACH W/G BREAD FRESH FRUIT ASSORTMENT	8 WG POP CORN CHICKEN POTATO WEDGES WG BREAD FRESH FRUIT ASSORTMENT	9 NOON DISMISSAL
12 MEATBALL WG GRINDER MARINARA SAUCE GREEN BEANS FRESH FRUIT ASSORTMENT	13 ROASTED CHICKEN BROWN RICE *BEANS W/G BREAD FRESH FRUIT ASSORTMENT	14 TURKEY SANDWICH On WG ROLL POTATO WEDGES FRESH FRUIT ASSORTMENT	15 W/G FRENCH TOAST WARM BLUEBERRY SAUCE TURKEY SAUSAGE PATTY CORN FRESH FRUIT ASSORTMENT	16 W/G CHEESE BREAD STICKS TOMATO DIPPING SAUCE SQUASH FRESH FRUIT ASSORTMENT
19 PRESIDENTS DAY	20 CHEESEBURGER ON W/G ROLL POTATO WEDGES KETCHUP FRESH FRUIT ASSORTMENT	21 CAESAR CHICKEN & ROMAINE SALAD WRAP W/ SHREDDED CHEESE CARROTS*BUTTERNUT SQUASH FRESH FRUIT ASSORTMENT	22 TURKEY CHILI BOWL with BEAMS WG NACHOS (OR Scoops) FRESH FRUIT ASSORTMENT	23 NOON DISMISSAL
26 W/G SPAGHETTI MEAT SAUCE MARINARA SAUCE*SPINACH W/G BREAD FRESH FRUIT ASSORTMENT	27 CHICKEN TENDERS IN A WRAP W/ BROWN RICE & BEANS FRESH FRUIT ASSORTMENT	28 W/G FRENCH TOAST WARM BLUEBERRY SAUCE TURKEY SAUSAGE PATTY POTATO WEDGES KETCHUP FRESH FRUIT ASSORTMENT	1 W/G BREADED FISH BROWN RICE*W/G BREAD CAULIFLOWER*THREE BEAN SALAD FRESH FRUIT ASSORTMENT	2 W/G CHEESE BREAD STICKS TOMATO DIPPING SAUCE BUTTERNUT SQUASH FRESH FRUIT ASSORTMENT

STUDENT SCHOOL LUNCH CONSISTS OF 5 COMPONENTS: MEAT/MEAT ALTERNATE, GRAIN, FRUIT, VEGETABLE AND MILK. STUDENTS CHOOSE AT LEAST 3 INCLUDING ½ CUP FRUIT OR VEGETABLE AND AT LEAST 2 OTHER COMPONENTS. FOR BEST NUTRITION WE ENCOURAGE CHOOSING ALL 5! EQUAL OPPORTUNITY PROVIDER. MENU IS SUBJECT TO CHANGE. W/G=WHOLE GRAIN FOOD ITEM; MILK CHOICES= 1% WHITE MILK OR FLAVORED SKIM (FAT FREE) MILK.