

Brass City Charter School

PROVIDING FRESH, HEALTHY MEALS DAILY

APRIL CYCLE LUNCH MENU FOR SY 2018-19

DAILY: HOT VEGETABLE, FRESH VEGETABLE BAR AND FRESH FRUIT ASSORTMENT; CHOICE OF SKIM, FLAVORED MILK OR 1% LOW FAT WHITE MILK; DAILY ALTERNATE MEAL SELECTION

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
1 CHEESEBURGER ON WG ROLL POTATO WEDGES KETCHUP	2 TURKEY CHILI BOWL with BEANS WG NACHOS	3 W/G FRENCH TOAST SWEET POTATO CHICKEN SAUSAGE CORN	4 W/G CHEESE BREAD STICKS TOMATO DIPPING SAUCE CAULIFLOWER	5 NOON DISMISSAL TURKEY SANDWICH ON WG ROLL CARROTS, FRESH FRUIT MILK
8 WG CHICKEN PATTY ON ON WG ROLL POTATO WEDGES KETCHUP	9 MAC N CHEESE BROCCOLI WG BREAD	10 CAESAR CHICKEN & ROMAINE SALAD WG WRAP	11 WG POP CORN CHICKEN BROWN RICE BROCCOLI	12 NOON DISMISSAL GRILLED CHEESE SANDWICH ON WG ROLL FRESH FRUIT, CRAISINS, MILK
SPRING RECESS APRIL 15-19				
22 WG PASTA TURKEY MEAT SAUCE MARINARA SAUCE BROCCOLI WG BREAD	23 CHEESEBURGER ON WG ROLL POTATO WEDGES KETCHUP	24 HOT CHICKEN WG WRAP BROWN RICE & BEANS	25 W/G CHEESE BREAD STICKS TOMATO DIPPING SAUCE CAULIFLOWER	26 NOON DISMISSAL WG CHICKEN PATTY ON ON WG ROLL FRESH FRUIT 100% JUICE
29 HOT TURKEY AND GRAVY MASHED POTATOES GREEN BEANS WG BREAD	30 BEEF MEATBALL ON WG GRINDER MARINARA SAUCE CAULIFLOWER	1 WG CHICKEN PATTY ON ON WG ROLL POTATO WEDGES KETCHUP	2 WG PASTA TURKEY MEAT SAUCE MARINARA SAUCE WG BREAD	3 NOON DISMISSAL GRILLED CHEESE SANDWICH ON WG ROLL FRESH FRUIT, MILK

STUDENT SCHOOL LUNCH CONSISTS OF 5 COMPONENTS: MEAT/MEAT ALTERNATE, GRAIN, FRUIT, VEGETABLE AND MILK. STUDENTS CHOOSE AT LEAST 3 INCLUDING ½ CUP FRUIT OR VEGETABLE AND AT LEAST 2 OTHER COMPONENTS. FOR BEST NUTRITION WE ENCOURAGE CHOOSING ALL 5! EQUAL OPPORTUNITY PROVIDER. MENU IS SUBJECT TO CHANGE.

W/G=WHOLE GRAIN FOOD ITEM; MILK CHOICES= 1% WHITE MILK OR FLAVORED SKIM (FAT FREE) MILK.