

Brass City Charter School

PROVIDING FRESH, HEALTHY MEALS DAILY

CYCLE LUNCH APRIL MENU FOR SY 2023-2024

APRIL 2024				
DAILY OFFERINGS **HOT VEGETABLE**FRESH VEGETABLE CHOICE** **FRUIT ASSORTMENT**CHOICE OF FAT FREE FLAVORED MILK OR 1% LOW FAT WHITE MILK** **DAILY ALTERNATE MEAL SELECTION ** **YOGURT GRANOLA FRUIT ENTRÉE**HUMMUS WG CRACKERS VEGETABLE ENTRÉE** **CHEESE SANDWICH ON WG ROLL**SOY BUTTER SANDWICH ON WG ROLL** TURKEY CHEESE ON WG ROLL**VEGGIE PATTY ON WG ROLL**				
1 WG BROWN RICE BEANS TURKEY CHEESE TACO FRESH FRUIT & VEGETABLE BAR MILK	2 WG PIZZA BITES TOMATO DIPPING SAUCE FRESH FRUIT & VEGETABLE CHOICE MILK	3 W/G FRENCH TOAST TURKEY SAUSAGE PATTY CORN FRESH FRUIT & VEGETABLE CHOICE MILK	4 MEATBALL MARINARA ON WG ROLL BROCCOLI FRESH FRUIT & VEGETABLE CHOICE MILK	5 CHICKEN CAESAR SALAD WG CROUTONS FRESH FRUIT & VEGETABLE CHOICE MILK
8 CHEESEBURGER ON W/G ROLL POTATO WEDGES KETCHUP FRESH FRUIT & VEGETABLE CHOICE MILK	9 WG PIZZA BROCCOLI FRESH FRUIT & VEGETABLE CHOICE MILK	10 TURKEY CHILI BEANS WG CHIPS & CHEESE FRESH FRUIT & VEGETABLE CHOICE MILK	11 BBQ GRILLED CHICKEN ON WG ROLL SWEET POTATO FRIES FRESH FRUIT & VEGETABLE BAR MILK	12 TURKEY CHEESE ON WG ROLL FRESH FRUIT & VEGETABLE CHOICE MILK
15- 19 SPRING BREAK				
22 MAC & CHEESE WG POPCORN CHICKEN GREEN BEANS FRESH FRUIT & VEGETABLE BAR MILK	23 WG PIZZA BITES TOMATO DIPPING SAUCE FRESH FRUIT & VEGETABLE CHOICE MILK	24 CHICKEN CAESAR SALAD WG CROUTONS FRESH FRUIT & VEGETABLE CHOICE MILK	25 WG BROWN RICE BEANS TURKEY CHEESE TACO FRESH FRUIT & VEGETABLE BAR MILK	26 W/G FRENCH TOAST TURKEY SAUSAGE PATTY CORN FRESH FRUIT & VEGETABLE CHOICE MILK
29 MAC & CHEESE WG POPCORN CHICKEN GREEN BEANS FRESH FRUIT & VEGETABLE BAR MILK	30 WG PIZZA BROCCOLI FRESH FRUIT & VEGETABLE CHOICE MILK	1 WG PASTA MARINARA MEATBALLS FRESH FRUIT & VEGETABLE CHOICE MILK	2 BBQ PULLED TURKEY ON WG ROLL FRESH FRUIT & VEGETABLE BAR MILK	3 CHEESEBURGER ON W/G ROLL POTATO WEDGES KETCHUP FRESH FRUIT & VEGETABLE CHOICE MILK

STUDENT SCHOOL LUNCH CONSISTS OF 5 MEAL COMPONENTS: MEAT/MEAT ALTERNATE, GRAIN, FRUIT, VEGETABLE AND MILK. STUDENTS CHOOSE A MINIMUM OF 3: INCLUDING 1/2 CUP FRUIT OR 3/4 CUP VEGETABLE AND IN ADDITION AT LEAST 2 MORE DIFFERENT COMPONENTS. FOR BEST NUTRITION WE ENCOURAGE CHOOSING ALL 5! SPECIAL DIET ACCOMMODATIONS. BRASS CITY CHARTER SCHOOL IS AN EQUAL OPPORTUNITY PROVIDER. MENU IS SUBJECT TO CHANGE. W/G=WHOLE GRAIN FOOD ITEM; MILK CHOICES= 1% WHITE MILK OR FLAVORED FAT FREE MILK.