

The recreation area of the State Forest Management Centre (RMK) has been planned for recreation and hiking. It has been zoned according to the purpose and provided with the necessary facilities.



INFORMATION POINT

A structure or a construction to meet the needs of recreation in state forests, giving information about our national heritage and nature.



RESTING PLACE

A place provided with a bench (and a table).



CAMPFIRE SITE / FIRE PLACE

A designated place for open fire with all necessary facilities. NB! Prefer covered fire places.



CAMPSITE

Designated area for camping. In some campsites there is an area where to pitch tents and a ground provided for events/ activities. Please make a request in case you want to use RMK campsite for some event. Information about our rules is available in English on our website ww.loodusegakoos.ee.



FOREST HUT

A simple unlocked building or construction free of charge. Usually containing one room provided with elementary furnishing. There is no guarantee that you will be alone there and nobody will join you. You have to follow the rules of everyman's right accepted in Estonia:

- you can stay for one night;
- · welcome those who will come to stay there too;
- · leave some dry firewood for the next visitors;
- · empty and clean a bucket;
- use firewood reasonably;
- · after your visit a clean hut will meet next visitors. Thank you!



RENTAL HUT

A simple locked building or construction charged for. Usually containing one room which is provided with elementary furnishing. There you can enjoy solitude. Information about booking our RMK rental huts is available in English on our website www.loodusegakoos.ee. The user of the rental hut has to take into consideration the following:

- you can stay for one or two nights;
- use firewood rationally;
- · return the key according to the prior agreement;
- · after your visit a clean hut will meet next visitors. Thank you!

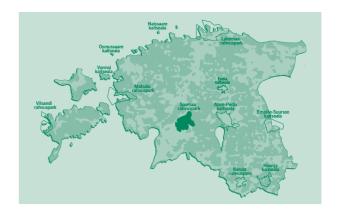


NATURE CENTRE AND NATURE HOUSE

The Nature Centre is open the vear-round as the centre of a recreation area where there are activities related to environmental education for different target groups (programmes, events, sharing information for people). In the Nature Centre there is an Information Point, exposition, a database and office rooms for the workers. Environmental education activities take place in the Nature House too but the House is only open when there are held some programmes / events. For more information visit our website www.loodusegakoos.ee.

Network of nature trails interlinking protected nature objects. Planned and constructed to meet the needs of hikers. The aim is to make your visit pleasant, to regulate the use of nature objects and promote knowledge about our nature.

SOOMAA **NATIONAL PARK**



The Soomaa National Park intends to protect the great bogs, flooded meadows, forests and cultural heritage in the southwest part of transition zone of Estonia (Estonia intermedia). The Soomaa National Park lies on the border of Pärnu and Viljandi counties, embracing 396 km² and expanding on a territory intact of human activity. The sights of the Soomaa National Park include extensive swampy landscapes intact of human activity, rivers running in their natural beds, as well as species- rich flood- meadows and wooded meadows shaped in the course of traditional land use. One of the distinctive features of Soomaa is the annual flood, or the so-called fifth season, when high water overflows riverside meadows and floodplain forests and the size of the area covered by water reaches up to 175 km².

The rare and protected bird species represented in the national park include the willow grouse, golden eagle, black stork, lesser and greater spotted eagle, dunlin and great snipe. Large populations of the moose and roe deer live in Soomaa and its near surroundings. Also the wild boar finds the national park to be an attractive dwelling place. The well- being of hoofed animals and limited human activity has a positive effect on other species too. So the national park makes a pleasant retreat for our indigenous large carnivores- the lynx, wolf and brown bear.

Do not hike in visit restricted areas. Information about such areas is available on maps and from the Soomaa information point. Please keep in mind that in the national park motor vehicles may only drive on roads. Any motorised watercrafts or other motor vehicles are also banned on rivers and in flood areas. On a boating trip, wearing a life- jacket is strictly required. In summer, the visitors to Soomaa are harassed by gnats, gadflies and midges. If you are allergic to insect bites or stings, provide yourself with special repellents available at pharmacies. Prior to visiting Soomaa during its fifth season, or the flood, confirm the road conditions by contacting the Soomaa information point.

NR **OBJECT**

- Riisa study trail (4.8 km), trail with wheelchair accessibility (1,22 km), observation tower
- 2 Ingatsi study trail (4.3 km), observation tower
- 3 Meiekose study trail (5.6 km)
- 4 Koprarada (1.8 km), trail with wheelchair accessibility (0,67 km)
- 5 Lemmjõe study trail (5.8 km), camping site with a fire ring
- 6 Kuuraniidu study trail (1 km)
- 7 Hüpassaare study trail (4.4 km)
- 8 Lake Öördi study trail (2.4 km)
- 11 Saarte campfire site on Meiekose trail
- 12 Tamme campfire site on Meiekose trail
- 13 Meiekose wharf and campfire site
- 15 Karuskose forester's sauna and forest hut
- 16 Üleoja camping site with a fire ring
- 17 Ancient village camping site with a fire ring

OBJECT

- 19 Kõrtsi-Tõramaa camping site with a fire ring
- National Park visitor centre; an electrical power point for caravans
- Tõramaa wooded meadow campfire site, observation tower
- Läti campfire site, observation tower 23
- Kuusekäära wharf
- 25 Mulgi hayfield camping site with a fire ring
- 27 Oksa campfire site with a fire ring
- Oksa barn camping site with a fire ring
- 31 Mantle chimney of Oksa inn
- 32 Oksa forest hut; camping site with a fire ring
- Hüpassaare camping site with a fire ring 33
- 34 Ruunaraipe dunes camping site with a fire ring
- 35 Toonoja camping site with a fire ring
- 36 Lake Öördi campfire site



Soomaa Information Centre phone numbers are +372 435 7164 and +372 526 1924; e-mail soomaa.teabepunkt@rmk.ee



Dear visitor, in Estonia Everyman's right is applied while in nature, and also the duties and obligations stipulated by law and good practice. During your stay in Lahemaa National Park, we kindly ask you to observe the following rules:

On PRIVATE LAND

- it is allowed to move from sunrise to sunset, provided no harm is done to the landowner or other possessors of land
- if private land is fenced or designated with a sign prohibiting movement, it is necessary to acquire permission from the landowner to pass through the private land

MOTOR AND OFF-ROAD VEHICLES

- are forbidden outside the public roads (incl. ATVs and snowmobiles)
- forest rides, surface roads and footpaths are only meant for moving on foot, skis or bicycles

LITTER AND GARBAGE

- it is prohibited to drop and leave garbage in nature
- · when departing, don't leave anything behind, take everything with you that you had brought along

CAMPING AND MAKING CAMPFIRES

- use only the camping and campfire sites prepared and designated for the specific purpose
- · it is allowed to make a campfire only during the season when it is permitted
- in case of a forest fire call 112

ANIMALS WITH YOU

- take care of your pets as you are responsible for what they do
- keep your dog on a leash in nature

WHEN MOVING IN NATURE, IT IS NOT ALLOWED:

- to damage the protected natural objects or protected species
- to damage the habitats and nests of wild animals and birds, pick their eggs, take them home or damage them in any other way
- to break the peace of local inhabitants

When you notice an action, which might damage the environment or seems to you unlawful, call the Environmental Inspectorate on the short number 1313.