

## Winter hike in Soomaa National Park/Estonia

23<sup>rd</sup> to 26<sup>th</sup> of February 2017



Winter offers a great variety of possibilities for spending unforgettable time outside. In Soomaa the bogs and rivers are covered by ice and areas hardly accessible during the rest of the year invite for explorations.

Animals become visible for us through their tracks. Soomaa is home for animals like the wolf, lynx, elk, wild boar and the otter.

**The team of the Tipu Nature School invites you to discover this beautiful nature place together with us during a four-day winter hike!**

### Program

With a group of maximum 14 people we will hike with snowshoes through the National Park from one campsite to the next. For the first night we will stay on the grounds of the Tipu Nature School and get familiar with the equipment. During the hike we will use our orientation skills, follow tracks of animals and use our senses to get in touch with nature. We will spend time to concentrate on ourselves. When arriving to the camp site we will build up the tipi tent and spent time wandering around, making fire, cooking, singing, exchanging experiences and knowledge.



The program addresses an international group of participants interested in hiking in nature. Communication language will be English.



**The costs** for one person is 150 EUR, which includes:

- ❖ transport to Soomaa from Viljandi or Pärnu and transport within the National Park
- ❖ 1 evening sauna in Karuskose
- ❖ Food for four days (food will be prepared by the group itself)
- ❖ rent of snowshoes and other equipment (pulks, tent, cookers etc)
- ❖ sleeping place in the heatable tipi tent



**What you need to bring along?**

- ❖ Winter sleeping bag and mat
- ❖ Backpack for your personal things (the tent and cooking utilities will be transported on the pulks)
- ❖ Dishes for yourself (plate, spoon, knife etc)
- ❖ Winter clothing (shoes, jacket, pants, gloves, pullover, hat, scarf etc)
- ❖ Flashlight
- ❖ Sunscreen, sunglasses
- ❖ Personal hygiene and medical necessities
- ❖ Towel also for sauna

We will also advice you to find a suitable travel possibility to Soomaa.

**Program starts on Thursday at 4 pm and ends on Sunday afternoon.**

**Interested?** Then write to [dagmar@tipulooduskool.ee](mailto:dagmar@tipulooduskool.ee) or call me at +372 53536961.